AFTER-SCHOOL SPORTS MANIA

MEADOWVIEW SCHOOL
MONDAYS 2:15-3:45pm

Jan. 9-Mar. 20
Fee: $96
Code: 730012A
NO CLASS JAN. 16, FEB. 13, FEB. 20

Kindergarten - 4th Grade Students will meet in gym when school is dismissed. Space is limited per school, please register early.

PosterMyWall.com

WOODVIEW SCHOOL
TUESDAYS 2:15-3:45pm

Jan. 10-Mar. 21
Fee: $120
Code: 730012B
NO CLASS FEB. 14

PRAIRIEVIEW SCHOOL
THURSDAYS 2:15-3:45pm

Jan. 12-Mar. 23
Fee: $120
Code: 730012C
NO CLASS FEB. 16

Rink Side classes follow the Learn to Skate USA curriculum developed by US Figure Skating and USA Hockey. Students should arrive 20 minutes before scheduled class time and be dressed warmly as the ice rink is kept at a cool temperature. Skaters must join U.S. Basic Skills which has an annual fee of $15. Membership forms are located in the guest services office at Rink Side. Skates may be rented at each class for $3.00. Contracted through Rink Side Ice Arena. Register by one week prior to class beginning.

SNOWPLOW SAM 1

Age: 3 - 5 years, Boys & Girls

Beginning level for participants who have never had previous skating lessons.

Code:	Date:	Time:	Fee:
730008A	Tues., 1/10 - 2/28	5:30 - 6:00pm	$100.00
730008B	Sat., 1/14 - 3/4	8:45 - 9:15am	$100.00

SNOWPLOW SAM 2

Age: 3 - 5 years, Boys & Girls

Beginning level for participants who have successfully completed Snowplow Sam 1.

Code:	Date:	Time:	Fee:
730009A	Tues., 1/10 - 2/28	5:30 - 6:00pm	$100.00
730009B	Sat., 1/14 - 3/4	8:45 - 9:15am	$100.00

BASIC 1

Age: 6 - 12 years, Boys & Girls

Beginning level for ages 6-12 years who have never had previous skating lessons.

Code:	Date:	Time:	Fee:
730010A	Tues., 1/10 - 2/28	5:30 - 6:10pm	$110.00
730010B	Sat., 1/14 - 3/4	10:15 - 10:55am	$110.00

STICKWORKS 1

Age: 5 - 12 years, Boys & Girls

Any skater, ages 5 - 12 years, interested in playing hockey. No prerequisite required. Full hockey gear is required: helmet with facemask, shoulder pads, elbow pads, hockey pants, shin guards with hockey socks, gloves and a stick.

Code:	Date:	Time:	Fee:
730011A	Thurs., 1/12 - 3/2	5:00 - 5:45pm	$130.00

Rink Side Ice Arena in Gurnee Mills - 6152 W. Grand Avenue, Gurnee
Phone: (847) 856-1064 ext. 302 website: www.rink-side.com

This fundamental league will provide an opportunity to learn the skills of basketball in a low key, non-competitive atmosphere. Volunteer parents will coach this league. The league will be set up with kids working on skills and drills and playing a fun game each week. Each child will receive a jersey, so please note shirt size at the time of registration.

Code:	Grade:	Time:
730017A	Kindergarten	5:00-6:00pm
730017B	1st Grade	6:15-7:15pm
730017C	2nd Grade	7:30-8:30pm

Date: Fridays Jan. 13-March 3
Location: Woodview School
Fees: $78 Resident/$98 Non Resident
Min/Max: 16 / 32 per division
Register By: January 6

For more information on Hoopsters Basketball, please contact Tracy Putkonen at the Park District Office at (847) 223-7529 or email her at tputkonen@glpd.com.

HOOPSTERS BASKETBALL
COACHES SIGN-UP SHEET
Please Print

Name:_____

Child's Name:_____

Cell Phone:_____

Email:_____

Shirt Size:_____

Grade Level:

K_____ 1st_____ 2nd Grade_____

FASTPITCH SOFTBALL PITCHING LESSONS

Age: 9 - 16 years

Join Lea Corcoran for these great fastpitch softball pitching lessons. Lea finished her high school pitching career at Grayslake Central High School as the GCHS record holder and 20th all-time in IHSA history with 1,058 career strikeouts. In her senior season with the Rams, she had 365 strikeouts, averaging 16 per game. Lea went on to play Division 1 softball at LaSalle University and IUPUI. These lessons are for beginner to advance level players for ages 9-16 year olds. The lessons will be done in a small group setting. Players need to supply their own catcher. Please contact Lea with any questions at Lea_corcoran@yahoo.com This is a contractual program. **(BW)**

Code:	Date:	Time:
730018A	Sunday, Jan. 15 - Jan. 29	9:30 - 10:30am
730018B	Sunday, Jan. 15 - Jan. 29	10:30 - 11:30am
730018C	Sunday, Jan. 15 - Jan. 29	11:30 - 12:30pm
730018D	Sunday, Feb. 12 - Feb. 26	9:30 - 10:30am
730018E	Sunday, Feb. 12 - Feb. 26	10:30 - 11:30am
730018F	Sunday, Feb. 12 - Feb. 26	11:30 - 12:30pm
730018G	Sunday, Mar. 12 - Mar. 26	9:30 - 10:30am
730018H	Sunday, Mar. 12 - Mar. 26	10:30 - 11:30am
730018I	Sunday, Mar. 12 - Mar. 26	11:30 - 12:30pm
730018J	Sunday, Apr. 2 - Apr. 23 **(No Class Apr. 16)**	9:30 - 10:30am
730018K	Sunday, Apr. 2 - Apr. 23 **(No Class Apr. 16)**	10:30 - 11:30am

Location: Rec Center Gym **Fee:** $75 per person **Min / Max:** 3 / 4 **Register By:** One Week Prior

LITTLE DRIBBLERS

Age: 5 - 6 years, Boys & Girls

This class is designed to give children an opportunity to begin their basketball playing experience in a fun and supportive environment. Participants are introduced to balance, equipment, hand eye coordination, following directions and early basketball fundamentals. Please wear comfortable clothing, clean gym shoes and bring a water bottle. **(TP)**

Location: Recreation Center Gym
Fee: $60 Res. / $75 Nonres.
Min / Max: 6 / 20
Register By: December 30

Code:	Date:	Time:
701036B	Sat., Jan. 7 - Feb. 11	10:15 - 11:00am

PROS BASKETBALL

Age: 7 - 10 years, Boys & Girls

The pro dribblers program builds on skills and rules learned in the rookie dribbler's class. It also introduces more fundamental techniques and basic rules. Please wear comfortable clothes and gym shoes and bring a water bottle. This is a contractual program. **(TP)**

Location: Recreation Center Gym
Fee: $60 Res. / $75 Nonres.
Min / Max: 10 / 32
Register By: December 30

Code:	Date:	Time:
702075A	Saturday, Jan. 7 - Feb. 11	11:15 - 12:15pm

GAME TIME BASKETBALL

Age: 9 - 12 years, Boys & Girls

Players take their current shooting and dribbling skills and work them into offensive points of the game. Participants are introduced to defense including proper defensive stance and understand concepts such as zone and man-to-man defense. Players will also learn to improve proper shot mechanics, making them more effective further from the basket. This is a contractual program. **(TP)**

Location: Recreation Center Gym
Fee: $60 Res. / $75 Nonres.
Min / Max: 10 / 30
Register By: March 11

Code:	Date:	Time:
730045A	Saturday, Mar. 18 - Apr. 29 **(No Class Apr. 15)**	9:15 - 10:15am

VOLLEYBALL SKILLS CLINIC

Age: 7 - 10 years, Boys & Girls

This clinic will include instruction on all major volleyball skills; serving, passing, setting and attacking. Players will receive a solid foundation of these fundamental skills through active drills, building up to team play. This class is for beginners looking to understand the game and learn new skills. Kneepads are recommended. **(TP)**

Location: Recreation Center Gym
Fee: $60 Res. / $75 Nonres.
Min / Max: 8 / 32
Register By: February 21

Code:	Date:	Time:
730041A	Friday, Feb. 24 - Apr. 7 **(No Class Mar. 31)**	6:00 - 7:00pm

PEE WEE HOCKEY

Age: 4 - 6 years, Boys & Girls

Have your kid's first hockey experience be a blast! To ensure a safe environment, pee wee hockey players play with pillow polo sticks, which have a soft-cushion end. Participants learn the basics of the game and experience the thrills of being a hockey player! Please wear comfortable clothes and gym shoes and bring a water bottle. This is a contractual program. **(TP)**

Location: Recreation Center Gym
Fee: $60 Res. / $75 Nonres.
Instructor: Hot Shots Sports
Min / Max: 8 / 32
Register By: December 30

Code:	Date:	Time:
702074A	Friday, Jan. 6 - Feb. 10	3:30 - 4:30pm

FLOOR HOCKEY

Age: 7 - 10 years, Boys & Girls

Students learn hockey fundamentals, as well as game strategy, teamwork, sportsmanship and safety. Participants can wear shin guards and gloves; they are not required. Please wear comfortable clothes and gym shoes and bring a water bottle to each class. **(TP)**

Location: Recreation Center Gym
Fee: $60 Res. / $75 Nonres.
Instructor: Hot Shots Sports
Min / Max: 8 / 32
Register By: December 30

Code:	Date:	Time:
730004A	Friday, Jan. 6 - Feb. 10	4:45 - 5:45pm

VOLUNTEER COACHES CPR CLASS

Age: 16 years & up

This class is for anyone who is volunteering their time coaching Youth Volleyball for the Grayslake Park District. All Volunteer Coaches are required to have a current CPR Certification. Any questions, please contact Brice Walsh at (847) 223-7529 or email him at bwalsh@glpd.com

Code:	Date:	Time:
730102A	Wed., March 22	6:45 - 8:00pm

Location: Rec Center MPA
Fee: FREE, must pre-register
Register By: March 18

YOUTH VOLLEYBALL LEAGUE

Grade: 3rd - 8th, Girls & Boys

With our parent volunteer coaches, this league will offer girls and boys the opportunity to learn basic fundamentals, strategies and teamwork. This fun and recreational league is designed so all teams are balanced and all athletes have a chance to play. Participants will practice one hour per week and have games on Saturdays. All players must attend **ONE** player evaluation day. **Pre-registration is required before attending evaluations.** **(BW)**

Practice: Practices begin the week of April 3rd
Games: Saturdays, April 15 - May 20
Fee: **On or Before March 12**
$89 Res. / $111 Nonres.
After March 12
$99 Res. / $124 Nonres.
Location: Grayslake Schools
Min / Max: 4 / 8 teams per age group
Register By: March 12

EVALUATIONS

March 13th or March 14th

Must pre-register and attend one date listed

Code:	Grade:	Time:	Location:
730015A	3rd / 4th	6:00pm	Frederick
730015B	5th / 6th	6:45pm	Frederick
730015C	7th / 8th	7:30pm	Frederick

Youth Volleyball Coaches Sign-Up Sheet

All coaches MUST complete a criminal background check and attend the CPR Class/Coaches Training on March 22nd at 6:00pm held at the Recreation Center, 240 Commerce Drive, Grayslake.

Name:_____

Childs Name:_____

Home Phone:_____

Cell Phone:_____

Email:_____

Interested in Coaching:
3rd / 4th ____ 5th / 6th ____ 7th / 8th ____

Head Coach:_____ Assistant Coach:_____

Practice Night Preference: _____

Coach Shirt Size: _____

All interested coaches, please fill out this portion and return it to the Grayslake Park District Office.

EVERY SEASON STARTS AT DICK'S SPORTING GOODS

ULTIMATE NERF TAG

Grade: 1st - 8th, Boys & Girls

Experience this awesome game of tag...street zone style! All equipment is provided. Please wear comfortable clothes, gym shoes and bring a water bottle. **(TP)**

Location: Recreation Center Gym
Fee: $3 Res. / $5 Nonres. per person
Min / Max: 16 / 36
Register by: Jan. 8 & Feb. 5

Code:	Grade:	Date:	Time:
730000A	1st - 4th Grade	Sun., Jan. 15	1:00 - 2:30pm
730000B	5th - 8th Grade	Sun., Jan. 15	2:45 - 4:15pm
730000C	1st - 8th Grade	Sun., Feb. 12	1:00 - 2:30pm

MOTHER / DAUGHTER YOGA

Age: 5 years - Adults

Mothers and daughters have a unique relationship. Yoga can help balance and strengthen that relationship through positive communication and trust. Enjoy some time together in individual and partner poses, breathing and laughing. No yoga experience necessary. Please bring a water bottle, yoga mat and towel to class. Max 2 kids per 1 parent please. **(TP)**

Location: Recreation Center MPA & MPB
Instructor: Lisa McKernan
Min / Max: 8 / 20
Register By: January 14

Code:	Date:	Time:	Fee: R/NR
700009A-Moms	Sat., Jan. 21	11:00-12:00pm	$10 / $13
700009B-Daughters	Sat., Jan. 21	11:00-12:00pm	$5 / $7

Open Gym Hotline: 223-2844

Don't forget to visit our website at www.glpd.com for a monthly open gym calendar or call the open gym hotline for last minute open gyms added to the schedule due to bad weather and/or program cancellations!

FUN TIME TUMBLING

Age: 3 - 4 years

Come burn some energy with tumbling activities! This is a wonderful class to encourage your preschoolers to improve motor skills, coordination and balance. Tumbling involves various moves like rolling, simple gymnastic moves and techniques and don't forget obstacle courses. Don't miss out on the fun, enroll today! **(TP)**

Location: Recreation Center Gym
Fee: $42 Res. / $52 Nonres.
Min / Max: 8 / 16
Register By: Jan. 5 & Feb. 21

Code:	Date:	Time:
702005A	Thurs., Jan. 12 - Feb. 16	9:30 - 10:15am
702005B	Tues., Feb. 28 - Apr. 11	4:30 - 5:15pm
	(No Class Mar. 28)	

START SMART GOLF

Age: 4 - 6 years, Boys & Girls

This class teaches children the basic skills necessary to play golf. Utilizing the innovative line of Snag Golf Products, even children who have never picked up a club will discover how to play golf with fun activities and exciting equipment that is safe and developmentally appropriate. Start Smart Golf encourages children to learn at their own pace, while an instructor oversees and assists each child with the program. **(TP)**

Location: Grayslake Golf Course
Fee: $60 Res. / $75 Nonres.
Min / Max: 8 / 20
Register By: March 25

Code:	Date:	Time:
730002A	Saturday, Apr. 1 - May 13 **(No Class Apr. 15)**	10:30 - 11:30am

ALL STAR SPORTS

Age: 4 - 6 years, Boys & Girls

Calling all little ones looking to explore the world of SPORTS! Each week, we will introduce the children to a different sport, teaching the basic fundamentals in a fun atmosphere. We will be playing: T-ball, soccer, basketball, floor hockey and more fun active games. **(TP)**

Location: Recreation Center Gym
Fee: $55 Res. / $69 Nonres.
Min / Max: 8 / 20
Register By: One week prior to class

Code:	Date:	Time:
730001A	Tues., Jan. 10 - Feb. 14	4:30 - 5:30pm
730001B	Sat., Feb. 18 - Mar. 25	10:15 - 11:15am
730001C	Tues., Feb. 28 - Apr. 11 **(No Class Mar. 28)**	9:30 - 10:30am