

STAND UP PADDLE BOARD CLASS

Age: 12 years & up

Stand Up Paddle boarding is one of the fastest-growing sports in the country, offering a great low-stress core workout. Gray's Lake is an ideal paddling spot, with calm waves and warm water and this basic skills class will get you up and paddling (literally!) in next to no time. We provide the board and paddle, you provide swimwear (or appropriate clothes for getting wet) and a sense of fun! This is a contractual program. **(BW)**

Location: Jones Island Beach
Fee: \$69 Res. / \$85 Nonres.
Min / Max: 5 / 12
Register By: May 28 & July 2

Code:	Date:	Time:
930103A	Sunday, June 4	3:00 - 5:00pm
930103B	Sunday, July 9	3:00 - 5:00pm

BASIC KAYAK CLASS

Age: 12 years & up

Our basic three-hour kayaking class will teach you what you need to know to take a kayak and get the maximum of SAFE enjoyment from the boat. We start with the basic elements (how to properly get into a kayak, the forward paddle stroke, steering techniques) and build out from there to include bracing techniques to help provide more stability on the water, and solo and partnered rescue techniques, so you know how to get back in the boat from the water. The class includes all equipment. This is a contractual program. **(BW)**

Location: Jones Island Beach
Fee: \$99 Res. / \$119 Nonres.
Min / Max: 5 / 12
Register By: August 13

Code:	Date:	Time:
930104A	Sunday, August 20	3:00 - 6:00pm

ADULT CO-REC SOCCER LEAGUE

Age: 18 years & up

This 9-game season will be played on Sunday's at Alleghany Park and registration will be accepted on a team basis. Schedules and rules will be posted on our website (www.glpd.com) one week prior to the first game. **(BW)**

Location: Alleghany Park
Team Fee: \$310 Res. / \$360 Nonres.
Min / Max: 24 / 48
Register By: May 27

Code:	Date:	Time:
930101A	Sun., June 4 - Aug. 6	TBD
	(No Games July 2)	

SAND VOLLEYBALL LEAGUES

Age: High School & Up

It's Volleyball time, so grab your volleyballs and get your teams together! We will play a minimum 8-game season with a play-off tournament. The teams will officiate their own matches. League and days may vary, depending on interest. Please contact Brice Walsh if you are interested at (847) 223-7529 or email at bwalsh@glpd.com

Location: Jones Island Beach, 243 Harvey Ave.
Time: Game times - 5:30, 6:30 & 7:30pm
Fee: \$50 Res. / \$70 Nonres.
Min / Max: 4 / 10 teams
Register By: June 2

Code:	League:	Date:
930100A	Co-Ed	Friday, June 9 - Aug. 11

FALL SOFTBALL LEAGUES

Age: 18 years & up

Get the bats out, let's play ball! All games will be officiated using A.S.A. rules. A minimum 10-week season will be played including play-offs. Team awards will be given to the top finishing teams. Call Brice Walsh at (847) 223-7529 for more information or email him at bwalsh@glpd.com **(BW)**

Date: Games begin Aug. 30th & Sept. 1st
Time: Game times - 6:00, 7:00, 8:00 & 9:00pm
Location: Alleghany Park - Fields 1 & 5
Team Fee: \$450 Resident / \$500 Nonresident
Min / Max: 4 / 8 per league
Register By: August 23

Code:	League:	Day:
930107A	Men's 14" Mush	Wednesdays
930107B	Co-Rec 14" Mush	Fridays

PICKLEBALL

Age: 16 years & up

It's contagious! It's fun! It's a great workout! Head out to Alleghany Park for **FREE** pick-up game of Pickleball. Pickleball is a sport described as "a combination of Ping-Pong, tennis, and badminton". Players must bring their own equipment. No registration required, just show up when you can make it!

Day: Mondays & Fridays
Time: 9:00 - 11:00am
Fee: FREE!
Location: Alleghany Park

