

**EDIBLE PLANTS****Age: 12 years & up**

Plants are all around us and much of their usefulness goes unnoticed. In this workshop, you will learn about wild edible plants and their many amazing uses. Your foragers' eye will be trained to positively identify edible, poisonous, and useful plants where ever you go. These are skills that can not only add variety to your dinner table, but are ones that can be passed on to your children. Minors must be accompanied by an adult. This is a contractual program. **(SR)**

**Location:** Central Park Fishing Pier Shelter**Fee:** \$45 Res. / \$56 Nonres.**Min / Max:** 4 / 20**Register By:** May 27

Code:	Date:	Time:
910021A	Saturday, June 3	9:00 - 12:00pm
910021B	Saturday, June 3	1:00 - 4:00pm

**BOATING SAFETY****Age: 13 years & up**

This U.S. Coast Guard Auxiliary Boating course provides instruction to boaters at all levels, from beginners to advanced boaters. Participants will learn how to properly size a life jacket, dock a boat, general boating safety, boating laws and much more! Experienced and knowledgeable instructors committed to the highest standards of the U.S. Coast Guard teach the classes. Upon completion of the course and a successful completion of an exam, participants will receive a certificate of competency. This course meets the Illinois education requirements for those born after January 1, 1998 wanting to operate a motor driven vessel. This is a contractual program. **(SR)**

**Location:** Wildwood Rule House**Fee:** \$50 Resident / \$63 Nonresident**Min / Max:** 5 / 13**Register By:** May 15 & June 12

Code:	Date:	Time:
920145A	Mon. - Thurs., May 22 - 25	6:00 - 8:00pm
920145B	Mon. - Thurs., June 19 - 22	6:00 - 8:00pm

**INSTRUCTORS WANTED**

We know that there are many talented individuals in our community who would love to teach a special skill to others in the community. If you have a special talent, skill or idea and enjoy working with children or adults, please email Shelly Regnier at [sregnier@glpd.com](mailto:sregnier@glpd.com)  
We would love to hear from you!

**ESSENTIAL OILS 101****Age: 18 years & up**

Grab some friends and join us for an hour of Essential Oils 101. This course is designed to teach you what Essential Oils are and how they can be used to help with things such as pain relief, stress relief or even colds. Participants will have the opportunity to ask specific questions during this session and will also learn how to safely use Essential Oils. This is a contractual program. **(KR)**

**Location:** Wildwood Rule House - Maple Room**Fee:** \$25 Res. / \$35 Nonres.**Instructor:** Trudy Salinas**Min / Max:** 5 / 20**Register By:** May 31 & July 5

Code:	Date:	Time:
920140A	Wednesday, June 7	6:00 - 7:30pm
920140B	Wednesday, July 12	6:00 - 7:30pm

**PUBLIC SPEAKING****Age: 18 years & up**

Work presentations aren't as scary as you think! In this class, you will learn how to write and deliver a speech, gain presentation best practices and build confidence. You'll also learn to speak off the cuff, speech writing (structure), how to use notes, voice exercises and powerpoint do's and don'ts. This is a contractual program. **(KR)**

**Location:** Recreation Center MPA**Fee:** \$78 Res. / \$98 Nonres.**Instructor:** Jason Peck**Min / Max:** 6 / 12**Register by:** July 10

Code:	Date:	Time:
920141A	Monday, July 17	7:00 - 9:00pm

**LAND NAVIGATION****Age: 18 years & up**

This land navigation workshop focuses on applying land navigation techniques with a hands-on experience in an outdoor environment. Learn about the different types of compasses, triangulating your location on a topographical map and how to choose the best route to take. Whether you are looking to master your topo-map reading skills, practicing for the orienteering merit badge or just looking to navigate your next backcountry trip, this workshop is perfect. This is a contractual program by Great Outdoor Group. **(SR)**

**Location:** Central Park Fishing Pier Shelter**Fee:** \$70 Resident / \$88 Nonresident**Min / Max:** 4 / 12**Register By:** July 16

Code:	Date:	Time:
920144A	Sunday, July 23	9:00 - 1:00pm