

NIFTY 50+ MONTHLY SENIOR CLUB

Join the best monthly senior club around! We have so much fun socializing while playing bingo, cards and games. Refreshments, coffee and tea are available at each meeting. Occasionally guest speakers come to entertain the group. What kind of things should we do at our monthly meeting? Come to our social meetings to share your ideas.

Meetings are the 4th Wednesday of every month from 1-3pm at the State Bank of the Lakes Community Room (50 Commerce Drive, Grayslake).

There is a \$2 fee per person collected at the door at each meeting.

Dates: Dec. 20, Jan. 24, Feb. 28 and Mar. 28

LET'S DO LUNCH

Age: Mature Adults, 55+ years

Hey, let's do lunch! Each month we'll try out a different restaurant. Some months will be ethnic food and others may be American favorites. **The cost is \$5 per trip to cover bus transportation.** We do not charge for all the fun you will have! Lunch is on your own. Most trips will meet at 11:45am unless otherwise specified. Registration deadline is two weeks before the trip date. Restaurants are subject to change if they are unable to accommodate the group. (SR)

Pick-Up Location: Recreation Center Lobby

Destination: **Crandall's Restaurant**
Hebron, IL
Cuisine: Famous broasted chicken – lunch entrees range from \$10-\$20
Fee: \$5 to cover bus transportation
Min / Max: 6 / 13
Register By: Jan. 25

Code: 250004A **Date:** Thursday, Feb. 8 **Time:** 11:45am-3:30pm

Destination: **Max and Benny's Restaurant**
Northbrook, IL
Cuisine: Deli – lunch entrees range from \$9-\$18
Fee: \$5 to cover bus transportation
Min / Max: 6 / 13
Register By: Mar. 6

Code: 250004B **Date:** Tuesday, Mar. 20 **Time:** 11:45am-3:30pm

GALOS CAVE & JOLLY INN

Age: Mature Adults, 55+ years

The magic world of salt, miraculous rest, health, and relaxation invites you to take advantage of a session in the salt-iodine cave Galos. In the cave, air intensively saturated with particles of Iodine and salt, has an anti-inflammatory action and stimulates the immunological system, ameliorates health condition and helps treatment of many different conditions. Enjoy relaxing in a 45 minute session, suggested to bring an extra pair of clean white socks, dress in comfortable or loose-fitting clothing. Galos suggests you consult with your physician if you have: hyperthyroidism, cancer, low blood pressure, allergy to Iodine or claustrophobia. Once you have enjoyed your session, we will have a lunch at Jolly Inn, which serves a traditional buffet of Polish entrées. This trip includes Galos Cave, lunch and transportation by Park District bus. **Minimal walking.** (SR)

Location: Recreation Center Lobby
Fee: \$33 per person
Min / Max: 5 / 10
Register By: Jan. 18

Code: 250000A **Date:** Thursday, Jan. 25 **Time:** 9:15am-2:30pm

**ART INSTITUTE OF CHICAGO**

Age: Mature Adults, 55+ years

As one of the country's largest art museums, the Art Institute of Chicago is a must-see for new museum-goers and art experts alike. From the world-renowned French Impressionist collection to American art favorites like Grant Wood's American Gothic, from ancient treasures to modern masterpieces by Dali, Matisse and Picasso, the museum has something for everyone. Immerse yourself in a day at the Art Institute. After our fill of art appreciation, we will have lunch at Lawry's Prime Rib. Lunch will include a 6 oz cut of prime rib, salad, sourdough, potatoes and vegetable, dessert and coffee or tea. Transportation is provided via large motor coach. **Extensive walking.** (SR)

Location: Recreation Center Lobby
Fee: \$100 per person
Min / Max: 6 / 13
Register By: Jan. 15

Code: 250001A **Date:** Tuesday, Feb. 13 **Time:** 10am-7pm

SUGGESTED AGES OF DAY TRIP PARTICIPANTS

Active Adults: Trips are appropriate for anyone ages 18 & up.

Mature Adults: Trips are most appropriate for ages 55 & up, but all adults are welcome to attend.

Family: Trip is open to all ages.

BOCCE AND ITALIAN LUNCHEON

Age: Mature Adults, 55+ years

Bocce, also known as Italian lawn bowling, is one of the most widely played games in the world. It is simple and can be played by people of all ages and skill levels. Whether you're competitive or just looking for a relaxing day out with friends, Pinstripes is the place. Pinstripes was built from a passion to gather, celebrate and experience sophisticated fun. In preparation of two hours of bocce fun, you'll enjoy a delicious Italian lunch of chopped salad, Caesar salad, meat lasagna and penne chicken marsala with coffee, tea and soda. Take a break from the action to nibble on house-made cookies, Ghirardelli triple chocolate brownies and Anna's carrot cake. Trip includes transportation by Park District bus, bocce and lunch. **Minimum walking.** (SR)

Location: Recreation Center Lobby
Fee: \$51 per person
Min / Max: 6 / 13
Register By: Feb. 7

Code: 250002A **Date:** Wednesday, Feb. 21 **Time:** 10:15am-3:45pm

HARLEY DAVIDSON MUSEUM

Age: Mature Adults, 55+ years

A walk through the Harley-Davidson Museum® is a walk through the history of America. With an unrivaled collection of Harley-Davidson® motorcycles and memorabilia, it is one of Milwaukee's top tourist destinations for visitors from around the globe. Cameras are welcome during this 45-minute private guided tour. Enjoy lunch at the only Harley-Davidson Museum® restaurant, MOTOR® Bar & Restaurant. Please indicate your lunch selection at time of registration. Lunch choices are: chicken Caesar salad, MOTOR® burger or barbeque pork sandwich. After lunch, take time to further explore the museum on your own, or visit The Shop for unique merchandise. Trip includes transportation by Park District bus, tour and lunch.

Moderate to extensive walking. (SR)

Location: Recreation Center Lobby
Fee: \$53 per person
Min / Max: 6 / 13
Register By: Mar. 2

Code: 250006A **Date:** Tuesday, Mar. 13 **Time:** 9:15am-4pm

HOLLYWOOD CASINO IN JOLIET, IL

Ages: 21+ years

Are traffic and high gas prices keeping you away from the casinos? Looking for an afternoon of fun and trying to see if lady luck is on your side? Let the Park District make it easy for you, as we provide transportation to your favorite Illinois casino hot spot. Go to the casino and try your hand at the latest games in all your favorite denominations. Grab a friend and your player's card, and try your luck at the slots or table games. Transportation provided by Park District bus and lunch is on your own. **Moderate to extensive walking.** (SR)

Location: Recreation Center Lobby
Fee: \$12 per person
Min / Max: 6 / 13
Register By: Mar. 8

Code: 250005A **Date:** Thursday, Mar. 22 **Time:** 9:30am-5pm

LATE NITE CATECHISM

Ages: Mature Adults, 55+ years

Call it Carol Burnett meets Whoopi Goldberg. This interactive comedy is part catechism class, part stand-up routine. Ruling her classroom with an iron fist, Sister teaches her students – who happen to be the audience – everything she knows about saints, sins, heaven and hell... while doling out rewards and reprimands with lightning speed. Before the show, enjoy dinner on your own at one of the many restaurants in the downtown Arlington Heights. **Minimal to moderate walking.** (SR)

Location: Recreation Center Lobby
Fee: \$39 per person
Min / Max: 6 / 13
Register By: Mar. 1

Code: 250003A **Date:** Thursday, Apr. 5 **Time:** 5-10pm

TRIP REFUND POLICY

Refunds are only given under the following conditions:

1. The Grayslake Park District cancels the trip.
2. The Park District has a waiting list and can sell your ticket.
3. Person asking for a refund finds a replacement to attend the trip.
4. Park District Refund Form is completed and returned to the Park District **before** the trip registration deadline.

REFUNDS ARE NOT GUARANTEED.



TEN CHIMNEYS ESTATE IN GENESEE DEPOT

Ages: Mature Adults, 55+ years

Ten Chimneys is an estate lovingly created by theatre legends Alfred Lunt and Lynn Fontanne, open to the public as a world-class house museum and national resource for theatre, arts and art education. During this 2-hour guided walking tour, we will learn how details of the estate came to be through stories, events and the actors who visited the Lunts. This is a walking tour and does include stairs and uneven garden pathways. We will enjoy a buffet lunch at Hi-Way Harry's, entrees will include: baked chicken, sliced beef with a mushroom gravy and fettuccine alfredo bake, along with garlic mashed potatoes, green beans and tossed salad. Transportation is provided by Park District bus, fees include guided tour and lunch. **Extensive walking.** (SR)

Location: Recreation Center Lobby
Fee: \$77 per person
Min / Max: 6 / 13
Register By: Mar. 29

Code: 250007A **Date:** Thursday, April 26 **Time:** 8:30am-4:30pm

"SOUTH PACIFIC" AT DRURY LANE

Age: Active Adult, 50+ years

More timely than ever, this Rodgers & Hammerstein landmark musical proves that even the backdrop of a tropical paradise cannot shelter its residents from the prejudices of World War II. South Pacific is the winner of the 1950 Pulitzer Prize for Drama and 10 Tony Awards, including Best Musical. Lunch is provided, so please select an entrée: sautéed tilapia with tomato relish or herb roasted chicken breast. All entrees are served with freshly baked bread, classic Caesar salad, roasted shallot mashed potatoes, vegetable and dessert. Trip includes transportation by Park District bus, lunch and show. **Minimal walking.** (SR)

Location: Recreation Center Lobby
Fee: \$74 per person
Min / Max: 6 / 13
Register By: Apr. 13

Code: 250008A **Date:** Wednesday, May 16 **Time:** 9:45am-5:15pm

HORICON MARSH IN HORICON, WI

Age: Active Adult, 18+ years

A pontoon boat tour of the Horicon Marsh! Explore the largest freshwater cattail marsh by boat. Using the quietest and cleanest four-stroke Mercury motors, the environmentally-friendly pontoon boats will take you into the natural habitat of birds and animals. It's more than just a boat ride – you will also enjoy the many spring colors. After the 1-hour narrated boat tour, we will enjoy a buffet style lunch at the Horicon American Legion. After lunch, we will travel to the Horicon Marsh Explorium for a self-guided tour. The Explorium provides an in-depth look into all the creatures that call the marsh their home. There is a great variety of birds, different kinds of mammals, fish, frogs, turtles, snakes and countless varieties of insects and plants. Because of this diversity, Horicon Marsh is a wetland ecosystem protected by the DNR and the U.S Fish and Wildlife Service for its importance to all of its plants and animals. Binoculars suggested. We will make a stop (approximately 30 minutes) at Cabela's in Richfield on the way home. Trip includes transportation, boat tour, nature center and lunch. **Minimal to moderate walking.** (SR)

Location: Recreation Center Lobby
Fee: \$52 per person
Min / Max: 6 / 13
Register By: May 1

Code: 250009A **Date:** Tuesday, May 29 **Time:** 8am-6pm

LOOKING FOR WAYS TO STAY ACTIVE BETWEEN DAY TRIPS?

The Grayslake Park District is offering some spectacular **Adult Recreation Programs** this winter! With everything from Intro to Essential Oils Classes to DIY Sign Painting Workshops, there's bound to be something that piques your interest. See pages 30-31 for upcoming Adult Rec classes.

There's also **Fitness Classes**, including yoga, pilates and Jazzercise (pages 38-40), and Basketball and Volleyball **Athletic Leagues** (page 37).

A **FREE Walking Club** meets multiple times a week so you can stay active when the weather is cold (page 40).

Take time for fun with the Grayslake Park District!