

AFTER SCHOOL SPORTS MANIA

2:15-3:45pm

Ages: Kindergarten - 4th grade

Meadowview School

Mondays

Jan. 8-Mar. 19

Fee: \$108

Code: 230012A

No Class Jan. 15 or Feb. 19

Woodview School

Tuesdays

Jan. 9-Mar. 13

Fee: \$120

Code: 230012B

Prairieview School

Thursdays

Jan. 11-Mar. 15

Fee: \$120

Code: 230012C

**Space is limited per school, so please register early!
Registration deadline is one week prior to start.**

Students will meet in gym when school is dismissed.
Late pick ups will be charged \$10 for every 15 minutes.

Min/Max:
10/25

MINI NINJA WARRIORS

Age: 4 - 8 years, Girls & Boys

Leap, hop, skip and run your way through obstacles and put your Ninja skills to the test! This fun, movement-based class will challenge your Ninja to maneuver over and under objects. This is a contractual program. (TP)



Location: Recreation Center Gym
Fee: \$73 Res. / \$88 Nonres.
Min / Max: 8 / 24
Register By: Jan. 4 & Feb. 22

Code: 230054A
230054B
Date: Thursday, Jan. 11-Feb. 15
Thursday, Mar. 1-Apr. 12
(No Class Mar. 29)

Time: 3:30-4:15pm
3:30-4:15pm

NERF ELITE BATTLE

Age: 4 - 12 years, Girls & Boys

Experience this classic basement game as an arena style team game! Each week we will play several different nerf elite battle games, including an all-out battle. All nerf guns, ammo and eye protection will be provided. The theme for the first class will be a school colors and there will be a different theme each week. This is a contractual program. (TP)



Location: Recreation Center Gym
Fee: \$84 Res. / \$105 Nonres.
Min / Max: 8 / 24
Register By: Jan. 4 & Feb. 22

Code: 230053A
230053B
Date: Thursday, Jan. 11-Feb. 15
Thursday, Mar. 1-Apr. 12
(No Class Mar. 29)

Time: 4:30-5:30pm
4:30-5:30pm

ULTIMATE NERF TAG

Age: Kindergarten - 8th grade, Girls & Boys

Join the Grayslake Park District for a fun afternoon of STREET ZONE style nerf tag! We will provide everything you need for this exciting activity. Grab some friends and come on out to play! Please wear comfortable clothes and gym shoes, and bring a water bottle. (TP)

Location: Recreation Center Gym
Fee: \$3 Res. / \$5 Nonres.
Min / Max: 16 / 36
Register by: Jan. 7

Code: 230000A (K-4th grade)
230000B (5th-8th grade)
Date: Sunday, Jan. 14
Sunday, Jan. 14
Time: 1-2:30pm
2:45-4:15pm

FATHER / SON ULTIMATE NERF TAG

Age: Kindergarten - adult

Join the Grayslake Park District for a fun afternoon of STREET ZONE style nerf tag! Grab your dad and come on out to play! Please wear comfortable clothes and gym shoes, and bring a water bottle. Registration is required for both fathers and sons - fathers should register with the code that corresponds with their son's age. (TP)

Location: Recreation Center Gym
Fee: \$3 Res. / \$5 Nonres.
Min / Max: 16 / 36
Register by: Feb. 11

Code: 230003A (K-4th grade)
230003B (5th-8th grade)
Date: Sunday, Feb. 18
Sunday, Feb. 18
Time: 1-2:30pm
2:45-4:15pm

MOTHER / DAUGHTER YOGA

Age: 6 years - adult

Enjoy some quality time together in individual and partner poses, breathing and laughing in this fun yoga class! No yoga experience necessary. Please bring a water bottle, yoga mat and towel to class. Max 2 kids per 1 parent please. This is a contractual program. (TP)

Location: Recreation Center Multi-Purpose Rooms
Fee: Mothers - \$10 Res. / \$13 Nonres.
 Daughters - \$5 Res. / \$7 Nonres.
Min / Max: 8 / 20
Register By: Jan. 6

Code: **Date:** **Time:**
 200009A-Mothers Saturday, Jan. 13 11am-12pm
 200009B-Daughters Saturday, Jan. 13 11am-12pm

ALL STAR SPORTS

Age: 4 - 6 years, Girls & Boys

Calling all little ones looking to explore the world of sports! Each week we will introduce your child to a different sport, teaching the basic fundamentals in a fun atmosphere. We will be playing: T-ball, soccer, basketball, floor hockey and more fun active games. (TP)

Location: Recreation Center Gym
Fee: \$55 Res. / \$69 Nonres.
Min / Max: 8 / 20
Register By: Jan. 10 & Feb. 20

Code: **Date:** **Time:**
 230001A Wednesday, Jan. 17-Feb. 21 4:30-5:30pm
 230001B Tuesday, Feb. 27-Apr. 10 9:30-10:30am
 (No class Mar. 27)

TOTAL SPORTS

Age: 4 - 10 years, Girls & Boys

Total Sports not only teaches children the basic skills of playing different sports, it also teaches the skills needed to work with one another as teammates, and to accept each individual as a valuable player. Some of the sports taught and played include basketball, floor hockey, football, kickball, soccer, t-ball and more. This is a contractual program. (TP)



Location: Recreation Center Gym
Fee: \$72 Res. / \$90 Nonres.
Min / Max: 8 / 20
Register By: Feb. 24

Code: **Date:** **Time:**
 202076A (4-6 yrs) Sat, Mar. 3-Apr. 14 11:30am-12:30pm
 202076B (7-10 yrs) Sat, Mar. 3-Apr. 14 12:45-1:45pm
 (No Class Mar. 31)

LOOKING FOR OPEN GYM TIMES?

Check out the Open Gym schedules on page 36!



START SMART GOLF

Age: 4 - 6 years, Girls & Boys

This class teaches children the basic skills necessary to play golf. Utilizing the innovative line of Snag Golf Products, even children who have never picked up a club will discover how to play golf with fun activities and exciting equipment that is safe and developmentally appropriate. Start Smart Golf encourages children to learn at their own pace, while an instructor oversees and assists each child with the program. (TP)

Location: Recreation Center Gym
Fee: \$60 Res. / \$72 Nonres.
Min / Max: 8 / 20
Register By: Feb. 24

Code: **Date:** **Time:**
 230002A Saturday, Mar. 3-Apr. 14 4-5pm
 (No Class Mar. 31)

SPRING BREAK TOTAL SPORTS CAMP

Age: 4 - 12 years, Girls & Boys

Looking for something fun to do over spring break? We have the camp for you! Total Sports Camp focuses on a variety of sports including flag football, basketball, baseball, kickball, soccer, capture the flag and other fun group games! Each day campers' focus on skill development and fundamentals for each respective sport, followed by game play. Coaches ensure a fun and energetic atmosphere while promoting teamwork and good sportsmanship. Bring a snack and water each day and come ready to work hard while having fun! This is a contractual program. (TP)



Location: Recreation Center Gym
Fee: \$110 Res. / \$138 Nonres.
Min / Max: 8 / 24
Register By: Mar. 19

Code: **Date:** **Time:**
 230055A (4-6 yrs) Mar. 26-Mar. 29 10:30am-1:30pm
 230055B (7-12 yrs) Mar. 26-Mar. 29 1:45-4:45pm

LITTLE HOOPSTERS BASKETBALL LEAGUE

Age: 5 - 8 years, Girls & Boys

This fundamental league provides an opportunity to learn the skills of basketball in a low key, non-competitive atmosphere. The league is set up so participants work on skills and drills, then play a fun game each week. Parent volunteers will coach this league. Each child will receive a jersey, so please include shirt size at the time of registration. (TP)

Location: Woodview School Gym
340 N Alleghany Road
Fee: \$68 Res. / \$85 Nonres.
Min / Max: 16 / 32 per division
Register By: Jan. 5

Date: Friday, Jan. 12-Mar. 2

Code:	Age:	Time:
230017A	5-6 years	5-6pm
230017B	6-7 years	6:15-7:15pm
230017C	7-8 years	7:30-8:30pm

For more information on Little Hoopsters Basketball, please contact Tracy Putkonen at the Park District office at (847) 223-7529 or tputkonen@glpd.com.

VOLUNTEER COACHES NEEDED

We're looking for parent volunteers to help coach the Little Hoopsters Basketball League! Interested? Fill out the Coach Sign-Up Sheet below!

**Little Hoopsters Basketball
Coach Sign-Up Sheet**

Interested in coaching? Please fill out this form!

Coach Name: _____

Child's Name: _____

Cell Phone: _____

Email: _____

Coach Shirt Size: _____

Interested in Coaching:

Age Level: 5-6 years | 6-7 years | 7-8 years

**Please return completed form to the
Grayslake Park District at 240 Commerce Drive.**



LITTLE DRIBBLERS JUNIOR BASKETBALL

Age: 3 - 4 years with adult, Girls & Boys

The Little Dribblers Junior Basketball Program gives each child an opportunity to begin their basketball playing experience in a fun and supportive environment with their parent. Participants will be introduced to balance, equipment, hand-eye coordination, following directions and early basketball fundamentals. This is a contractual program. (TP)

Location: Recreation Center Gym
Fee: \$60 Res. / \$75 Nonres.
Min / Max: 8 / 32
Register By: Jan. 6

Code: 201036A **Date:** Saturday, Jan. 13-Feb. 17 **Time:** 11:45am-12:30pm

LITTLE DRIBBLERS BASKETBALL

Age: 5 - 6 years, Girls & Boys

The Little Dribblers Basketball Program gives each child an opportunity to begin their basketball playing experience in a fun and supportive environment. Participants will be introduced to balance, equipment, hand-eye coordination, following directions and early basketball fundamentals. This is a contractual program. (TP)

Location: Recreation Center Gym
Fee: \$60 Res. / \$75 Nonres.
Min / Max: 8 / 32
Register By: Jan. 6

Code: 230052A **Date:** Saturday, Jan. 13-Feb. 17 **Time:** 12:45-1:30pm

PRO'S BASKETBALL

Age: 7 - 10 years, Girls & Boys

The Pro Dribblers Program builds on skills and rules learned in the Rookie Dribbler's class. It also introduces more fundamental techniques and basic rules. Please wear comfortable clothes and gym shoes, and bring a water bottle. This is a contractual program. (TP)

Location: Recreation Center Gym
Fee: \$72 Res. / \$90 Nonres.
Min / Max: 10 / 40
Register By: Jan. 6

Code: 202075A **Date:** Saturday, Jan. 13-Feb. 17 **Time:** 1:45-2:45pm



VOLLEYBALL SKILLS CLINIC

Age: 7 - 10 years, Girls & Boys

This clinic includes instruction on all major volleyball skills: serving, passing, setting and attacking. Players will receive a solid foundation of these fundamental skills through active drills, building up to team play. This class is for beginners looking to understand the game and learn new skills. Kneepads are recommended. This is a contractual program. (TP)

Location: Recreation Center Gym
Fee: \$72 Res. / \$90 Nonres.
Min / Max: 10 / 30
Register By: One week prior to first class

Code: **Date:** **Time:**
 230041A Friday, Jan. 12-Feb. 16 4-5pm
 230041B Friday, Mar. 2-Apr. 13 4-5pm
(No Class Mar. 30)

GAME TIME VOLLEYBALL

Age: 11 - 14 years, Girls & Boys

Players experience daily scrimmages with active instruction and tips from the coaching staff of Hot Shot Sports. Coaches will referee while emphasizing the volleyball fundamentals and game strategies. Players will use skills such as serving, passing, setting and attacking in a "game time" environment. This is a contractual program. (TP)



Location: Recreation Center Gym
Fee: \$72 Res. / \$90 Nonres.
Min / Max: 10 / 30
Register By: One week prior to first class

Code: **Date:** **Time:**
 230049A Friday, Jan. 12-Feb. 16 5:15-6:15pm
 230049B Friday, Mar. 2-Apr. 13 5:15-6:15pm
(No Class Mar. 30)

VOLUNTEER COACHES CPR CLASS

Age: 16 years & up

This class is for anyone volunteering their time to coach Youth Volleyball for the Grayslake Park District. All Volunteer Coaches are required to have a current CPR Certification.

If you have any questions, please contact Brice Walsh at (847) 223-7529 or bwalsh@glpd.com.

Location: Recreation Center Multi-Purpose Room A
Fee: FREE if you pre-register
Register By: Mar. 7

Code: **Date:** **Time:**
 230102A Wednesday, Mar. 14 6pm

CO-ED YOUTH VOLLEYBALL LEAGUE

Age: 3rd - 8th Grade, Girls & Boys

With our parent volunteer coaches, this league offers girls and boys the opportunity to learn basic fundamentals, strategies and teamwork. Our league is designed so all teams are balanced and all athletes have a chance to play. Participants will practice one hour per week and have games on Saturdays. All players must attend **ONE** player evaluation day in order to join the league. **Pre-registration is required before attending evaluations.** (BW)

PLAYER EVALUATIONS

Monday, Mar. 5 or Thursday, Mar. 8

Must pre-register and attend one date listed.

Code:	Grade:	Time:	Location:
230015A	3rd/4th	6pm	Frederick School
230015B	5th/6th	6:45pm	Frederick School
230015C	7th/8th	7:30pm	Frederick School

LEAGUE DETAILS

Practice: Practices begin the week of Mar. 19
No Practices Mar. 26-Mar. 30 (Spring Break)
Games: Saturday, Apr. 7-May 19
Location: Grayslake Middle School & Grayslake HS
Fee: **On or Before Mar. 4:** \$105 per person
After Mar. 4: \$125 per person
Min / Max: 4 / 8 teams per age group
Register By: Mar. 4

Co-Ed Youth Volleyball League Coach Sign-Up Sheet

*All coaches **must** complete a criminal background check and attend the Volunteer Coaches CPR Class on Wednesday, March 14 (information to the left).*

Coach Name: _____

Child's Name: _____

Home Phone: _____

Cell Phone: _____

Email: _____

Coach Shirt Size: _____

Interested in Coaching:

Grade Level: 3rd/4th 5th/6th 7th/8th

Position: Head Coach Assistant Coach

Practice Night Preference: _____

**Please return completed form to the
Grayslake Park District at 240 Commerce Drive.**

FASTPITCH SOFTBALL PITCHING LESSONS

Age: 9 - 16 years, Girls

Join Lea Corcoran for these great fastpitch softball lessons! Lea finished her high school pitching career at Grayslake Central High School as the GCHS record holder and 20th all-time IHSA history with 1,058 career strikeouts. In her senior season with the Rams, she had 365 strikeouts, averaging 16 per game. Lea went on to play Division 1 softball at LaSalle University and IUPUI.

These lessons are for beginner to advanced level players ages 9-16 years old. The lessons will be done in a small group setting. Players need to supply their own catcher. Please contact Lea at Lea_corcoran@yahoo.com with any questions. This is a contractual program. (BW)

Location: Recreation Center Gym
Fee: \$100 per person
Min / Max: 3 / 4
Register By: One week prior to first class

Code:	Date:	Time:
230018A	Sunday, Jan. 7-Jan 28	9:30-10:30am
230018B	Sunday, Jan. 7-Jan 28	10:30-11:30am
230018C	Sunday, Jan. 7-Jan 28	11:30am-12:30pm
230018D	Sunday, Feb. 4-Feb. 25	9:30-10:30am
230018E	Sunday, Feb. 4-Feb. 25	10:30-11:30am
230018F	Sunday, Feb. 4-Feb. 25	11:30am-12:30pm
230018G	Sunday, Mar. 4-Mar. 25	9:30-10:30am
230018H	Sunday, Mar. 4-Mar. 25	10:30-11:30am
230018I	Sunday, Mar. 4-Mar. 25	11:30am-12:30pm
230018J	Sunday, Apr. 8-Apr. 29	9:30-10:30am
230018K	Sunday, Apr. 8-Apr. 29	10:30-11:30am
230018L	Sunday, Apr. 8-Apr. 29	11:30am-12:30pm

TEE BALL SKILLS CLINIC

Age: 3 - 5 years, Girls & Boys

This introductory tee ball program is perfect for the child who wants to have fun, make new friends and be introduced to baseball! Participants enjoy learning the skills needed to play baseball including offense and defense, as well as the rules and philosophies of the game. The program stresses teamwork over competition. Bring a glove and sports attire. This is a contractual program. (TP)

Location: Recreation Center Gym
Fee: \$60 Res. / \$75 Nonres.
Min / Max: 8 / 20
Register By: Feb. 24

Code: 202077A
Date: Saturday, Mar. 3-Apr. 14
Time: 9:15-10am
(No Class Mar. 31)

BASEBALL SKILLS CLINIC

Age: 6 - 8 years, Girls & Boys

Players work on technique and enhancing form in this comprehensive skills clinic. Players work on throwing mechanics, batting stance, bat positioning and speed, base running, fielding and pitching. Players should bring their own gloves. This is a contractual program. (TP)

Location: Recreation Center Gym
Fee: \$72 Res. / \$90 Nonres.
Min / Max: 8 / 20
Register By: Feb. 24

Code: 230047A
Date: Saturday, Mar. 3-Apr. 14
Time: 10:15-11:15am
(No Class Mar. 31)

PEE WEE HOCKEY

Age: 4 - 6 years, Girls & Boys

Make your child's first hockey experience a blast! To ensure a safe environment, Pee Wee Hockey players will play with pillow polo sticks, which have a soft-cushion end. Participants learn the basics of the game and experience the thrills of being a hockey player! This is a contractual program. (TP)

Location: Recreation Center Gym
Fee: \$72 Res. / \$90 Nonres.
Min / Max: 8 / 32
Register By: Jan. 6

Code: 202074A
Date: Saturday, Jan. 13-Feb. 17
Time: 9:15-10:15am



FLOOR HOCKEY

Age: 7 - 10 years, Girls & Boys

Students learn hockey fundamentals, as well as game strategy, teamwork, sportsmanship and safety. Participants can wear shin guards and gloves; they are not required. This is a contractual program. (TP)

Location: Recreation Center Gym
Fee: \$72 Res. / \$90 Nonres.
Min / Max: 8 / 30
Register By: Jan. 6

Code: 230004A
Date: Saturday, Jan. 13-Feb. 17
Time: 10:30-11:30am





SPECIALTY TOT SKATING CLASSES

Age: 3 - 4 years with adult, Girls & Boys

These classes are for 1 parent and 1 skater. The class is geared toward that skater age 3 or 4 that has a bit more caution stepping on the ice. The parent will be on the ice learning at the same time as the skater, so it's a great way for the parent to learn to skate, too! Helmet is required for tot and skates are provided. This is a contractual program. (TP)

Location: The Glacier Ice Arena
670 N Lakeview Pkwy, Vernon Hills
Min / Max: 1 / 6
Register By: One week prior to first class

Code:	Date:	Time:	Fee:
230006A	Monday, Jan. 8-Mar. 19	10-10:30am	\$154
230006B	Thursday, Jan. 4-Mar. 22	1-1:30pm	\$168
230006C	Saturday, Jan. 6-Mar. 24	5:10-5:40pm	\$168

TOT SKATING

Age: 3 - 6 years, Girls & Boys

These classes teach the very basic of skating skills by using fun and excitement along with instructional techniques. All skaters must wear gloves/mittens and a protective helmet. Skates are included in fee. This is a contractual program. (TP)

Location: The Glacier Ice Arena
670 N Lakeview Pkwy, Vernon Hills
Min / Max: 1 / 6
Register By: One week prior to first class

Code:	Date:	Time:	Fee:
230007A	Monday, Jan. 8-Mar. 19	10-10:30am	\$154
230007B	Tuesday, Jan. 9-Mar. 20	4:30-5pm	\$154
230007C	Weds, Jan. 3-Mar. 21	5:10-5:40pm	\$168
230007D	Saturday, Jan. 6-Mar. 24	10:45-11:15am	\$168

LITTLE DOGS HOCKEY 1 & 2

Age: 3 - 6 years, Girls & Boys

Learn to skate instruction for the future hockey player. Caged hockey helmet, elbow and knee protection, and gloves required. Students must attend the Tot Skating Program until coaches recommend Little Dogs Hockey. This is a contractual program. (TP)

Location: The Glacier Ice Arena
670 N Lakeview Pkwy, Vernon Hills
Min / Max: 1 / 6
Register By: One week prior to first class

Code:	Date:	Time:	Fee:
230008A	Tuesday, Jan. 9-Mar. 20	4:20-5pm	\$176
230008B	Friday, Jan. 5-Mar. 23	5-5:40pm	\$192
230008C	Saturday, Jan. 6-Mar. 24	10:40-11:20am	\$192

BASIC SKATING 1

Age: 6 - 16 years, Girls & Boys

Basic Skating Skills will teach the skater the fundamentals of skating. The skater will learn skills such as forward stroking, forward swizzles, snowplow stops, backward skating, backward gliding and more. A helmet is required. This is a contractual program. (TP)

Location: The Glacier Ice Arena
670 N Lakeview Pkwy, Vernon Hills
Min / Max: 1 / 6
Register By: One week prior to first class

Code:	Date:	Time:	Fee:
230010A	Weds, Jan. 3-Mar. 21	5:10-5:50p	\$192
230010B	Friday, Jan. 5-Mar. 23	5-5:40pm	\$192
230010C	Saturday, Jan. 6-Mar. 24	11:20am-12pm	\$192

ROOKIE HOCKEY

Age: 7 - 16 years, Girls & Boys

Participants must complete Basic Skating 1 before enrolling in this class. Must have hockey skates, caged helmet, gloves and a stick. (First grade and older. Some first graders may be recommended to Little Dogs Hockey). This is a contractual program. (TP)

Location: The Glacier Ice Arena
670 N Lakeview Pkwy, Vernon Hills
Min / Max: 1 / 6
Register By: One week prior to first class

Code:	Date:	Time:	Fee:
230009A	Tuesday, Jan. 9-Mar. 20	4:20-5pm	\$176
230009B	Saturday, Jan. 6-Mar. 24	10:40-11:20am	\$192

ADULT SKATING

Age: 16 years & up

Basic fundamental skating skills will be taught in a relaxed, skate at your own pace atmosphere. Coaches will rotate instruction based on your skill level. This is a contractual program. (TP)

Location: The Glacier Ice Arena, Vernon Hills
Min / Max: 1 / 6
Register By: Jan. 2

Code:	Date:	Time:	Fee:
230011A	Tues, Jan. 9-Mar. 20	10-10:30am	\$154
230011B	Sat, Jan. 6-Mar. 24	9:20-10am	\$192

No makeup classes will be offered during winter session.