

# SKATING / HOCKEY & GYMNASTICS

## THE GLACIER ICE ARENA CLASSES

670 N Lakeview Pkwy, Vernon Hills, IL

**Min / Max:** 1 / 6

**Register By:** One week prior

**No Class:** Apr. 20-21 and May 18-19

Note - All Glacier Ice Arena classes are contractual programs.

### SPECIALTY TOT SKATING CLASSES

Age: 3 - 4 years with adult

These classes are for 1 parent and 1 skater. The class is geared toward that skater with a bit more caution stepping on the ice. The parent will be on the ice learning at the same time as the skater, so it's a great way for the parent to learn to skate, too! Helmet is required for tot and skates are provided. (TP)

Code:	Day:	Date:	Time:	Fee:
330006A	M	Apr. 2-May 21	10-10:30am	\$112
330006B	W	Apr. 4-May 30	1:10-1:40pm	\$126
330006C	Sa	Apr. 7-May 26	11:30am-12pm	\$84

### TOT SKATING

Age: 3 - 6 years

These classes teach the very basic of skating skills by using fun and excitement along with instructional techniques. All skaters must wear gloves/mittens and a protective helmet. Skates are included in fee. (TP)

Code:	Day:	Date:	Time:	Fee:
330007A	M	Apr. 2-May 21	10-10:30am	\$112
330007B	Tu	Apr. 3-May 29	4:30-5pm	\$126
330007C	F	Apr. 6-May 25	5:10-5:40pm	\$84
330007D	Sa	Apr. 7-May 26	10:45-11:15am	\$84

### LITTLE DOGS HOCKEY 1 & 2

Age: 3 - 6 years

Learn to skate instruction for the future hockey player. Caged hockey helmet, elbow and knee protection, and gloves required. Students must attend the Tot Skating Program until coaches recommend Little Dogs Hockey. (TP)

Code:	Day:	Date:	Time:	Fee:
330008A	Tu	Apr. 3-May 29	4:20-5pm	\$112
330008B	F	Apr. 6-May 25	5-5:40pm	\$84
330008C	Sa	Apr. 7-May 26	10:40-11:20am	\$84

### BASIC SKATING 1

Age: 6 - 16 years

Basic Skating Skills will teach the skater the fundamentals of skating. The skater will learn skills such as forward stroking, forward swizzles, snowplow stops, backward skating, backward gliding and more. A helmet is required. (TP)

Code:	Day:	Date:	Time:	Fee:
330010A	W	Apr. 4-May 30	5:50-6:30pm	\$112
330010B	Sa	Apr. 7-May 26	9:20-10am	\$96

### ROOKIE HOCKEY

Age: 7 - 16 years

Participants must complete Basic Skating 1 before enrolling in this class. Must have hockey skates, caged helmet, gloves and a stick. (First grade and older. Some first graders may be recommended to Little Dogs Hockey). (TP)

Code:	Day:	Date:	Time:	Fee:
330009A	Tu	Apr. 3-May 29	4:20-5pm	\$128
330009B	Sa	Apr. 7-May 26	10:40-11:20am	\$96

## GYMNASTICS FACTORY CLASSES

888 E Belvidere Road #202, Grayslake, IL

(847) 223-1555

www.thegymnasticsfactory.com

Gymnastics Factory Classes teach skills to various age levels. Participants from other Park Districts may be added with an actual class maximum of 10 kids. The staff to participants ratio is 1:10. Children must be the appropriate age by the first day of class. **Contracted through the Gymnastics Factory whose coaches are U.S.G.A. Safety Certified.** (BW)

**Register By:** One week prior

### MOMS & MINIS GYMNASTICS

Age: 12 months - 3 years

You and your toddler will play on the mats and work on your child's physical coordination.

Code:	Day:	Date:	Time:	Fee:
340010A	W	4/18-6/6	10-10:40am	\$100/\$125

### PEE WEE GYMNASTICS

Age: 3 - 4 years

Children develop large motor skills using various pieces of equipment like balls, planks, beams, trampoline and bars.

Code:	Day:	Date:	Time:	Fee:
340011A	F	4/20-6/8	9:30-10:20am	\$100/\$125

### TINY TOT GYMNASTICS

Age: 4 - 5 years

Children develop large motor skills using various pieces of equipment like balls, planks, beams, trampoline and bars.

Code:	Day:	Date:	Time:	Fee:
340012A	F	4/20-6/8	10:30-11:20am	\$100/\$125

### YOUTH GIRLS GYMNASTICS

Age: 6 - 12 years

Students learn basic gymnastics skills such as tumbling, trampoline, bars, beam and the pit.

Code:	Day:	Date:	Time:	Fee:
330013A	F	4/20-6/8	4-5pm	\$104/\$129

### YOUTH BOYS GYMNASTICS

Age: 6 - 12 years

Students learn basic gymnastics skills such as tumbling, trampoline, bars, beam and the pit.

Code:	Day:	Date:	Time:	Fee:
340014A	Th	4/19-6/7	4-5pm	\$104/\$129

### CHEERLEADING/TUMBLING

Age: 8 - 12 years

Cheerleaders will learn back handsprings, leaps and body positions for safe cheerleading techniques.

Code:	Day:	Date:	Time:	Fee:
340015A	M	4/16-6/4	5-6pm	\$91/\$113
<b>No Class 5/28</b>				