



NEW! FIT KIDS BY A3 PERFORMANCE

Age: 6 - 12 years, girls & boys

Fit Kids program by A3 Performance is designed, programmed and coached to give kids a positive attitude towards fitness while also developing the disciplines and rewards of a healthy lifestyle. We take the natural energy of young kids and direct it towards fitness and athletic movements, while guiding them to move their bodies safely. (TP)

Code:	Day:	Date:	Time:	Fee:
470006A	Tu/Th	June 5-28	4:30-5:30pm	\$72
470006B	Tu/Th	July 10-Aug. 2	4:30-5:30pm	\$72

Location: A3 Performance, 1033 Progress Drive
Min / Max: 8 / 20
Register By: May 29 & July 3

INTRODUCTION TO HORSEBACK RIDING

Age: 8 - 14 years, girls & boys

Five private lessons for first time riders. Schedule lessons on days and times within the session that fit your schedule. For additional information and to schedule your lessons, call Little Hunter Farm at (847) 302-1806. This is a contractual program. (TP)

Code:	Day/Time:	Date:	Fee:
430023A	Varies	June 4-July 12	\$210
430023B	Varies	July 30-Aug. 31	\$210

Location: Little Hunter Farm
 29010 N Midlothian Rd, Mundelein
Min / Max: 1 / 2
Register By: One week prior

SUMMER HORSE CAMP

Age: 7 - 12 years, girls & boys

Learn the basics: horse terms, facts, how to groom and handle, introduction to riding. Riders must supply their own ASTM/SEI certified riding helmet and proper footwear. Long pants and shirts with shoulders are required. In order to maintain proper safety, Little Hunter Farm reserves the right to not accept participants who are dressed inappropriately. Dover Saddlery in Libertyville and Saddler's Row in Palatine are recommended shops. This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee:
430036A	M-F	June 11-15	9am-1pm	\$450

Location: Little Hunter Farm
 29010 N Midlothian Rd, Mundelein
Min / Max: 2 / 6
Register By: June 4



NEW! ZUMBA KIDS CLASS

Age: 4 - 10 years, girls & boys

Zumba Kids classes are rockin' high-energy parties packed with kid friendly routines based on original Zumba choreography. We break down the steps, add games and activities into a class structure. By making fitness fun, Zumba Kids allows kids to jam out. (TP)

Age:	Code:	Day:	Date:	Time:
4-6 yrs	470003A	W	July 11-Aug. 15	4:30-5:15pm
7-10 yrs	470003B	W	July 11-Aug. 15	5:30-6:15pm

Fee: \$78 R / \$97 NR
Location: Recreation Center Multi-Purpose Rooms
Min / Max: 6 / 20
Register By: July 4

ULTIMATE FRISBEE

Age: 10 - 14 years, girls & boys

Ultimate Frisbee combines all the best elements of Soccer, American Football, Basketball and tossing a Frisbee. "Ultimate" is a fun, competitive, and easy-to-learn game – and a good workout, too! All you need is a Frisbee, a field and some friends! This class will focus on the basics of throwing and catching the Frisbee, teaching the rules of the game, and playing some games of Ultimate! Please bring a water bottle and dress for the weather. (BW)

Code:	Day:	Date:	Time:	Fee (R/NR):
430033A	M/Tu/Th	June 11-14	6-7:30pm	\$30/\$38
430033B	M/Tu/Th	June 25-28	6-7:30pm	\$30/\$38
430033C	M/Tu/Th	July 9-12	6-7:30pm	\$30/\$38
430033D	M/Tu/Th	July 23-26	6-7:30pm	\$30/\$38
430033E	M/Tu/Th	Aug. 6-9	6-7:30pm	\$30/\$38
430033F	M/Tu/Th	Aug. 20-23	6-7:30pm	\$30/\$38

Location: Central Park Football Field
Min / Max: 8 / 28
Register By: One week prior



KINDER SAIL / EARLY LEARN TO SAIL

Age: 5 - 8 years, girls & boys

Beginning learn-to-sail classes introduce sailing and some basic skills to younger children so they have a positive sailing experience and develop comfort in the boats. Staff members are certified in First Aid/CPR/AED, NASBLA Boating Safety and CDC Heads-up Concussion Training. Instructors are U.S. Sailing Level 1 certified. Participants must wear closed-toe shoes. Life vests, boats and safety equipment are provided. This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee:
430050A	Tu/Th	June 19-21	6-7:30pm	\$40
430050B	Tu/Th	July 10-12	6-7:30pm	\$40
430050C	Tu/Th	July 31-Aug. 2	6-7:30pm	\$40

Location: Waukegan Yacht Club
Instructor: WYC Youth Foundation Staff
Min / Max: 1 / 15
Register By: One week prior

ADVENTURE SAIL / LEARN TO SAIL

Age: 8 - 17 years, girls & boys

Start the adventure of a lifetime by learning to sail this summer! The WYC Youth Foundation Junior Sail program has been "making sailors" for more than 50 years. Adventure Sail (ages 8-17) teaches beginners to rig and sail small boats in the protected waters of Waukegan Harbor. Experienced sailors and our Race Team hone skills on Lake Michigan. Full days are available by registering for both AM and PM classes. This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee:
430034A	M-F	June 18-22	9am-12pm	\$185
430034B	M-F	June 18-22	1-4pm	\$185
430034C	M-F	July 9-13	9am-12pm	\$185
430034D	M-F	July 9-13	1-4pm	\$185
430034E	M-F	Aug. 6-10	9am-12pm	\$185
430034F	M-F	Aug. 6-10	1-4pm	\$185

Location: Waukegan Yacht Club
Instructor: WYC Youth Foundation Staff
Min / Max: 1 / 10
Register By: One week prior

PEE WEE SOCCER

Age: 4 - 6 years, girls & boys

Let your child's early soccer experience be a great one. The younger player develops their soccer skills and gains confidence, coordination, motor skills and communication. The program uses age-appropriate drills and exercises to teach players kicking, ball control, dribbling, shooting and more. This is a contractual program. (TP)



Code:	Day:	Date:	Time:	Fee (R/NR):
430013A	Sa	July 21-Aug. 25	11-11:45am	\$63/\$79

Location: Alleghany Park, Soccer Field 2
Min / Max: 8 / 20
Register By: July 14

SOCCER SKILLS CLINIC 101

Age: 7 - 9 years, girls & boys

Children are introduced to the fundamentals of soccer tactics such as passing the ball, attack and defense moves, keeping the ball away from and taking the ball from the opposing team. Children learn to score and prevent goals. Physical endurance and fitness is emphasized while touching the ball. At this age the focus starts to change from simple games to organized, tactical, competitive games. This is a contractual program. (TP)



Code:	Day:	Date:	Time:	Fee (R/NR):
430014A	Sa	July 21-Aug. 25	11:45am-12:45pm	\$84/\$105

Location: Alleghany Park, Soccer Field 2
Min / Max: 8 / 20
Register By: July 14

LOOKING FOR SOCCER, VOLLEYBALL OR BASKETBALL CAMPS?

Check out Soccer for Tots Camp, Beach Volleyball Camp, Chicago Bulls Basketball Camp and more on page 17-19! Specialty sports camps are a great way to practice your skills during the summer months.



BASEBALL 101

Age: 8 - 13 years, girls & boys

This beginner's baseball class gives players a full introduction to the great sport of baseball. Players are instructed on all aspects of the game in a fun and learning environment. Participants should bring their own bats and gloves. This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
430047A	Sa	July 21-Aug. 25	9:45-10:45am	\$84/\$105

Location: Alleghany Park, Baseball Field 3
Min / Max: 8 / 20
Register By: July 14



T-BALL SKILLS CLINIC

Age: 4 - 6 years, girls & boys

This introductory t-ball program is perfect for a child who wants to have fun, make new friends and be introduced to baseball. Participants enjoy learning the skills needed to play baseball including offense and defense, as well as the rules and philosophies of the game. The program stresses teamwork over competition. All you need to bring is a glove and sports attire. This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
402077A	Sa	July 21-Aug. 25	9-9:45am	\$63/\$79

Location: Alleghany Park, Baseball Field 3
Min / Max: 8 / 20
Register By: July 14



"I've enjoyed all of the coaching opportunities I've had with the Grayslake Park District. Providing a positive environment for the girls to grow as players and as teammates and watching them compete at all levels has been more satisfying than I ever could have imagined."
 – Coach Anthony Smith

SUMMER T-BALL LEAGUE

Age: 4 - 7 years, girls & boys

Come enjoy the summer while learning the basics of baseball, with the help of a tee (older division will have option of tee or coach pitch). Teams will practice one night per week and play games on Saturdays. Also, each team will have just two weekday evening games, making a total of 8 games for the season. Volunteer parents serve as coaches. Please request coach or teammates at time of registration. All players and coaches will receive replica Major League Baseball Jerseys and Caps as uniforms.

If you're interested in coaching, please fill out the form below and return it to the Park District. All coaches must go through a background check prior to the season start. **There will be a Coaches Meeting on Monday, May 14 at 6pm at the Recreation Center.** (BW)

Age:	Code:	Day/Time/Location
4-5 years	430025A	Varies from week to week
6-7 years	430025B	Varies from week to week

Fee: **On or Before May 6:** \$90 R / \$112 NR
After May 6: \$115 R / \$143 NR
Date: Practices begin week of May 21
 Games: June 2-July 21
(No Games: June 30)
Min / Max: 20 / 312

Summer T-Ball League Coach Sign-Up Sheet

*Interested in coaching? Please fill out this form! All coaches **must** complete a criminal background check and attend a Coaches Meeting on Monday, May 14 at 6pm at the Rec Center.*

Coach Name: _____

Child's Name: _____

Home Phone: _____

Cell Phone: _____

Email: _____

Coach Shirt Size: _____

Interested in Coaching:

Age Level: 4-5 years 6-7 years

Position: Head Coach Assistant Coach

Practice Night Preference: _____

**Please return completed form to the
Grayslake Park District at 240 Commerce Drive.**

YOUTH ATHLETICS - FLAG FOOTBALL

PONIES FLAG FOOTBALL LEAGUE

Age: 5 - 10 years, girls & boys

Learn the basics of football in this instructional and fun league! This is a flag football style league with no gear. Teams practice one night per week with games on Saturdays. Parent volunteers coach the teams. All coaches need to complete a background check prior to the first day of the season. All players must attend **one** player evaluation day in order to join the league. **Pre-registration is required before attending evaluations.** (BW)

PLAYER EVALUATIONS

Monday, Aug. 6 or Thursday, Aug. 9

Players must pre-register and attend one date listed.

Grade:	Code:	Time:	Location:
5-7 years	630026A	6pm	Alleghany Park
8-10 years	630026B	6:30pm	Alleghany Park

LEAGUE DETAILS

Practice: Practices begin the week of Aug. 27
Games: Saturday, Sept. 8-Oct. 13
Fee: **On or before Aug. 5:** \$75 R / \$94 NR
After Aug. 5: \$89 R / \$109 NR
Location: Varies each week
Min / Max: 40 / 160 per age group
Register By: Aug. 5

Flag Football Coach Sign-Up Sheet

All coaches **must** complete a criminal background check and attend a Coaches Meeting on Thursday, Aug. 23 at 6pm at the Recreation Center.

Coach Name: _____

Child's Name: _____

Home Phone: _____

Cell Phone: _____

Email: _____

Coach Shirt Size: _____

Interested in Coaching:

Age Level: 5-7 years 8-10 years

Position: Head Coach Assistant Coach

Coaching with: _____

Practice Night Preference: _____

Please return completed form to the
Grayslake Park District at 240 Commerce Drive.



PEE WEE FLAG FOOTBALL

Age: 4 - 6 years, girls & boys

The younger player develops early football skills in this non-contact class while gaining confidence, coordination and motor skills. The program uses age appropriate drills and exercises to teach players proper stance, passing, catching, running and more. Each class is designed to develop endurance, promote good sportsmanship and teamwork. This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
402078A	M	July 16-Aug. 20	4-4:45pm	\$63/\$79

Location: Central Park Aquatic Fields

Min / Max: 8 / 20

Register By: July 9



JUNIOR FLAG FOOTBALL

Age: 7 - 10 years, girls & boys

Players experience daily scrimmages with active instruction and tips from Hot Shots coaching staff. Coaches referee while emphasizing the fundamental skills and game strategies of football such as running pass routes, play calling, defensive positioning, pass coverage and blocking fundamentals. These skills and others are put to use in a "game time" environment while the players scrimmage each week. This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
430048A	M	July 16-Aug. 20	5-5:45pm	\$63/\$79

Location: Central Park Aquatic Fields

Min / Max: 8 / 20

Register By: July 9



VOLLEYBALL SKILLS CLINIC



Age: 7 - 10 years, girls & boys

This clinic includes instruction on all major volleyball skills: serving, passing, setting and attacking. Players will receive a solid foundation of these fundamental skills through active drills, building up to team play. This class is for beginners looking to understand the game and learn new skills. Kneepads are recommended. This is a contractual program. (TP)

Age:	Code:	Day:	Date:	Time:
7-8 yrs	430041A	Sa	June 16-July 21	9-10am
9-10 yrs	430041B	Sa	June 16-July 21	10-11am

Fee: \$84 R / \$105 NR
Location: Recreation Center Gyms
Min / Max: 8 / 20
Register By: June 9

NEW! GAME TIME VOLLEYBALL



Age: 11 - 14 years, girls & boys

Players experience daily scrimmages with active instruction and tips from the coaching staff of Hot Shot Sports. Coaches will referee while emphasizing the volleyball fundamentals and game strategies. Players will use skills such as serving, passing, setting and attacking in a "game time" environment. This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
430049A	Sa	June 16-July 21	11am-12pm	\$84/\$105

Location: Recreation Center Gym
Min / Max: 8 / 20
Register By: June 9

VOLUNTEER COACHES CPR CLASS

Age: 16 years & up

This class is for anyone volunteering their time to coach Youth Volleyball for the Grayslake Park District. All Volunteer Coaches are required to have a current CPR Certification.

If you have any questions, please contact Brice Walsh at (847) 223-7529 or bwalsh@glpd.com.

Code:	Day:	Date:	Time:	Fee:
430102A	Tu	Aug. 28	6:30pm	FREE!

Location: Recreation Center Multi-Purpose Room A
Register By: Aug. 21

FALL CO-ED YOUTH VOLLEYBALL LEAGUE

Age: 3rd - 8th grade, girls & boys

With our parent volunteer coaches, this league offers girls and boys the opportunity to learn basic fundamentals, strategies and teamwork. Our league is designed so all teams are balanced and all athletes have a chance to play. Participants will practice one hour per week and have games on Saturdays. All players must attend **one** player evaluation day in order to join the league. **Pre-registration is required before attending evaluations.** (BW)

PLAYER EVALUATIONS

Monday, Aug. 13 or Thursday, Aug. 16

Players must pre-register and attend one date listed.

Grade:	Code:	Time:	Location:
3rd/4th	630015A	6pm	Frederick School
5th/6th	630015B	6:45pm	Frederick School
7th/8th	630015C	7:30pm	Frederick School

LEAGUE DETAILS

Practice: Practices begin the week of Sept. 3
Games: Saturday, Sept. 15-Oct. 27
Fee: **On or before Aug. 12:** \$105 per person
After Aug. 12: \$125 per person
Location: District 46 and District 127 School Gyms
Min / Max: 4 / 8 teams per age group
Register By: Aug. 12

Co-Ed Youth Volleyball League Coach Sign-Up Sheet

All coaches **must** complete a criminal background check and attend the Volunteer Coaches CPR Class on Tuesday, Aug. 28 at 6:30pm at the Recreation Center.

Coach Name: _____

Child's Name: _____

Home Phone: _____

Cell Phone: _____

Email: _____

Coach Shirt Size: _____

Interested in Coaching:

Grade Level: 3rd/4th 5th/6th 7th/8th

Position: Head Coach Assistant Coach

Practice Night Preference: _____

**Please return completed form to the
Grayslake Park District at 240 Commerce Drive.**

YOUTH ATHLETICS - SOFTBALL

2018 GIRLS RECREATIONAL SOFTBALL LEAGUE

Age: 7 - 15 years, girls

Join the Grayslake Park District Girls Softball League and play on some of the nicest fields in the area at Alleghany Park! Players and volunteer coaches will receive replica College Jerseys and Visors for uniforms. Practices begin the week of May 21 with games beginning June 2 and ending July 21 (pending rainouts) with no games June 30. Teams will also play a few weekday evening games. Age groups will be combined as needed.

All players must attend **one** player evaluation day. **Pre-registration is required before attending evaluations.** Players need to bring a glove to evaluations.

Please note: Carpool requests must be given at evaluations and be reciprocal. Sorry, no coach requests! (BW)

PLAYER EVALUATIONS

Monday, Apr. 30 or Thursday, May 3

Players must pre-register and attend one evaluation.

Age:	Time:	Location:
7 & 8 year olds	5:45pm	Alleghany Park, Field 1
9 & 10 year olds	6:15pm	Alleghany Park, Field 1
11 & 12 year olds	6:45pm	Alleghany Park, Field 1
13 - 15 year olds	7:15pm	Alleghany Park, Field 1

LEAGUE DETAILS

Practices: Begin the week of May 21

Games: The weeks of June 2-July 21 (pending rainouts)

(No Games: June 30)

Location: Alleghany Park, Fields TBD

Age restriction: A player's age category is determined by the age the player will be as of June 1, 2018.

Division:	Code:	Fee on or before Apr. 29:	Fee after Apr. 29:
7 year olds	430022A	\$110 R / \$137 NR	\$135 R / \$169 NR
8 year olds	430022B	\$110 R / \$137 NR	\$135 R / \$169 NR
9 year olds	430022C	\$110 R / \$137 NR	\$135 R / \$169 NR
10 year olds	430022D	\$110 R / \$137 NR	\$135 R / \$169 NR
11 year olds	430022E	\$110 R / \$137 NR	\$135 R / \$169 NR
12 year olds	430022F	\$110 R / \$137 NR	\$135 R / \$169 NR
13 year olds	430022G	\$110 R / \$137 NR	\$135 R / \$169 NR
14 year olds	430022H	\$110 R / \$137 NR	\$135 R / \$169 NR
15 year olds *	430022I	\$110 R / \$137 NR	\$135 R / \$169 NR

* 15 year olds that play high school softball will join teams once their high school season is completed.

In-House Girls Softball League Coach Sign-Up Sheet

Interested in coaching? Fill out this form! Save the date for a Coaches Meeting on Tuesday, May 15 at 6pm at the Rec Center.

Coach Name: _____

Child's Name: _____

Home Phone: _____

Cell Phone: _____

Email: _____

Coach Shirt Size: _____

Interested in Coaching:

Age Level: 7-8 9-10 11-12 13-15

Position: Head Coach Assistant Coach

Coaching With: _____

Practice Night Preference: _____

Please return completed form to Brice Walsh at the Grayslake Park District (240 Commerce Drive).

Grayslake Park District Travel Softball Tryouts 2019 Season



Age: 8 - 16 years, girls

The Grayslake Pride Travel Softball is a competitive fast pitch softball organization for girls 8-16 years old run by the Grayslake Park District! Come tryout for the 2019 season! Tryouts are held at Alleghany Park.

Pre-registration is required prior to tryouts. Please complete the Park District registration form and submit it with the \$15 tryout fee to the Grayslake Park District Office.

Please note: The 14U and 16U tryouts will be held during Pride Boot Camp (information below). You are not required to attend the Boot Camp; however, if you do want to attend you must register for both codes listed below and pay both fees. If you plan on only attending the tryout, please only register with the tryout code below. Players are required to attend **one** of the two tryout dates listed. Players may be called back to an additional tryout, if needed.

Division:	Code:	Tryout Date:	Time:	Rain Date:	Rain Date Time:	Tryout Fee:
10U	430027A	Saturday, July 28	8:30-10:30am	Sunday, July 29	8:30am-10:30am	\$15
10U	430027C	Saturday, Aug. 4	8:30-10:30am	Sunday, Aug. 5	8:30am-10:30am	\$15
12U	430027B	Saturday, July 28	10am-12pm	Sunday, July 29	10am-12pm	\$15
12U	430027D	Saturday, Aug. 4	10am-12pm	Sunday, Aug. 5	10am-12pm	\$15
14U	430027E	Wednesday, July 25	6-8pm	Friday, July 27	6-8pm	\$15
14U	430027G	Thursday, July 26	6-8pm	Friday, July 27	6-8pm	\$15
16U	430027F	Wednesday, July 25	6-8pm	Friday, July 27	6-8pm	\$15
16U	430027H	Thursday, July 26	6-8pm	Friday, July 27	6-8pm	\$15

* A player's age category is determined by their age on January 1, 2018.

For those who make the team:

10U, 12U, 14U - North Suburban Fast Pitch League Games plus 3 tournaments

16U - 6 tournaments

League Fee: \$425 for all levels (due in September)

Uniform Fee: Varies, maximum amount is \$200

Slammers Fee (optional): \$50

GRAYSLAKE PRIDE TRAVEL SOFTBALL GROUND BALL BOOT CAMP

Age: 7 - 16 years, girls

The 2018 Grayslake Pride Softball Coaches will run this Ground Ball Boot Camp! This is a softball training, skills and conditioning camp. Boot Camp is Tuesday-Thursday the first week and Tuesday-Wednesday the second. (BW)

Code:	Day:	Date:	Time:	Fee:
430028A	Tu-Th Tu-W	July 24-26 & July 31-Aug. 1	6-8pm	\$20 per player

Location: Alleghany Park, Fields 1 & 5

Min / Max: 5 / 200

Register By: July 23

