

ADULT / TEEN RECREATION PROGRAMS

INTRO TO ESSENTIAL OILS

Age: 18 years & up

Grab some friends and gear up for a fast-paced, ground-up lecture on everything oils. (You'll also have some fun in the process). This 1.5 hour class will introduce you to what essential oils are, how essential oils work, and how you can use them safely to help support healthy physical and emotional systems in your body. All participants will receive a free gift at class! This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
620140A	W	Sept. 12 *	9:30-11am	\$13/\$17
620140B	W	Sept. 19	7-8:30pm	\$13/\$17

* Babysitting available for \$2 per child

Location: Recreation Center Multi-Purpose Room A
Min / Max: 2 / 10
Register By: Sept. 5 & Sept. 12

NEW! ESSENTIAL OIL HEALTH & WELLNESS

Age: 18 years & up

We all want to keep ourselves and our families healthy and above the wellness line, especially during the colder months. Learn how essential oils can help support your family's health heading into the winter season. All Participants will receive a free gift at class. This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
620146A	W	Oct. 10 *	9:30-11am	\$26/\$33
620146B	W	Oct. 17	7-8:30pm	\$26/\$33

* Babysitting available for \$2 per child

Location: Recreation Center Multi-Purpose Room A
Min / Max: 2 / 10
Register By: Oct. 3 & Oct. 10

NEW! HOLIDAY ESSENTIAL OILS

Age: 18 years & up

Christmas season is fast approaching. Join us for a fun "make and take" class using essential oils that will take away the stress of hectic shopping centers and waiting in long lines. Not only will you learn a little about essential oils, but you'll have fun and walk away with some great Christmas goodies that you made! This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
620147A	W	Nov. 7 *	9:30-11am	\$32/\$40
620147B	W	Nov. 14	7-8:30pm	\$32/\$40

* Babysitting available for \$2 per child

Location: Recreation Center Multi-Purpose Room A
Min / Max: 2 / 10
Register By: Oct. 31 & Nov. 7



NEW! INTRO TO DSLR PHOTOGRAPHY

Age: 16 years & up

Do you know what your DSLR is capable of? What do all those buttons mean? Bring your camera and learn to make your DSLR work for you in a class taught by a professional photographer. This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
620115A	W	Oct. 3-Oct. 24	5-6pm	\$58/\$72

Location: Recreation Center Multi-Purpose Room B
Instructor: Z Shots Photography
Min / Max: 5 / 10
Register By: Sept. 26

NEW! PHOTOGRAPHY COMPOSITION & TECH

Age: 16 years & up

Bump up your photography game. Learn how to compose your image in this class taught by a professional photographer. A few easy to learn techniques can help you take better pictures and make photography even more fun. This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
620116A	W	Oct. 3-Oct. 24	6:15-7:15pm	\$58/\$72

Location: Recreation Center Multi-Purpose Room B
Instructor: Z Shots Photography
Min / Max: 5 / 10
Register By: Sept. 26

ADULT / TEEN RECREATION PROGRAMS

BRAVE WAY SELF DEFENSE

Age: 12 years & up

Originally certified by the State of Illinois to teach police officers, this is one of the easiest to learn and most effective self-defense classes that you can take. The techniques we teach don't require constant practice or years of training to master. Participants will also be given a take home Personal Safety Guide to help make you safer in all areas of your lives. The class is targeted at teens and adults, but 8-11 year olds can also take the class with an adult. This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
620103A	Sa	Sept. 22	9:15-11:15am	\$26/\$33
620103B	W	Oct. 17	7-9pm	\$26/\$33
620103C	Sa	Nov. 10	9:15-11:15am	\$26/\$33

Location: Recreation Center Multi-Purpose Room A
Min / Max: 6 / 12
Register By: One week prior



NEW! TABLETOP STYLING

Age: 16 years & up

Have you ever seen a professionally styled tabletop and wondered how it's done? In this class, you'll learn to create a tabletop for any occasion that is fun, personal, memorable—and all on a budget! No matter the event – a holiday, birthday or simple dinner among friends – a table is the centerpiece. This course includes step-by-step instructions on how to style a tabletop, simple floral design, and ways to source materials that you already have in your home to create the perfect tablescape. This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
620149A	Th	Oct. 11	6-9pm	\$25/\$32
620149B	Sa	Nov. 10	9:15am-12:15pm	\$25/\$32

Location: Recreation Center Multi-Purpose Room A
Min / Max: 3 / 12
Register By: Oct. 4 & Nov. 3



DIY SIGN PAINTING WORKSHOP

Age: 16 years & up

Ready to get crafty? Join us for a DIY Sign Painting Workshop. Not an artist? No worries – it's so easy that anyone can do it. In the Sept. 27 class you can make a reversible Scarecrow/Snowman Sign to display in the fall and then flip over for the winter! In the Nov. 1 class, you can pick your own design from lots of great options. After you register for the class, you will receive an email with a link to a website where you can both select the custom design you want to paint and pay for the workshop by credit card. This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee:
620105A	Th	Sept. 27	7-9pm	\$50
620105B	Th	Nov. 1	7-9pm	\$25-\$45*

* Fee varies depending on the design selected

Location: Recreation Center Multi-Purpose Room A
Min / Max: 5 / 20
Register By: Sept. 20 & Oct. 25

SHARE YOUR TALENTS - TEACH A CLASS AT THE GRAYSLAKE PARK DISTRICT!

Are you looking for a part-time job with a flexible schedule? We have something for you! The Park District is always looking for instructors to lead classes or to teach a special skill to participants of all ages.

Instructors wanted for the following types of classes:

- Parent & Tot
- Early Childhood
- Youth Recreation and One-Day Specialty Classes
- Birthday Parties
- Adult Recreation
- Fitness

Visit www.glpd.com/job-opportunities for details on open positions. Questions? Contact Kendra Ring at kring@glpd.com or (847) 223-7529.

ADULT RECREATION PROGRAMS

About the **NEW!** Basket Weaving Classes

Learn how to weave baskets in this new series. If you've always wanted to learn to weave a basket, this is your chance! If your basket weaving skills are a little rusty, these classes are also a great way to weave your way back into basket making.



Napkin Basket



Chain Basket



Holiday Door Basket

NEW! CHAIN BASKET MAKING

Age: 18 years & up

A chain basket can be used for many things. The chain basket is woven with reed and died cane. Learn start/stop weaving. Black dyed cane makes a chain design. Shaping an oblong basket will be emphasized. Each class will be from 3-4 hours depending on the students' skill level. This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
620107A	Tu	Oct. 9 *	9am-12pm	\$26/\$32
620107B	Tu	Oct. 16	5:30-8:30pm	\$26/\$32

* Babysitting available for \$2 per child at the morning class

Location: Recreation Center Multi-Purpose Room A
Min / Max: 4 / 8
Register By: Oct. 2 & Oct. 9

NEW! NAPKIN BASKET MAKING 101

Age: 18 years & up

Learn how to weave a napkin basket. Shaping will be emphasized. Triple twining will be taught. Every student will go home with a finished basket. Each class will be from 3-4 hours depending on the students' skill level. It is recommended that students take this class first to master the basic skills before taking other basket classes. Babysitting is available at this class for \$2 per child. This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
620106A	Th	Sept. 13 *	9am-12pm	\$26/\$32
620106B	F	Sept. 21	5:30-8:30pm	\$26/\$32

* Babysitting available for \$2 per child at the morning class

Location: Recreation Center Multi-Purpose Room A
Min / Max: 4 / 8
Register By: Sept. 6 & Sept. 14

NEW! HOLIDAY DOOR BASKET

Age: 18 years & up

Learn how to weave a double D Williamsburg oak handle to create a holiday door basket. Students can decorate the basket at home for any holiday. Teacher will discuss holiday decorations in class. Students will have the choice of a brown or green accent color. Greenery is not included. Each class will be from 3-5 hours depending on the students' skill level. This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
620108A	F	Nov. 9	5:30-8:30pm	\$45/\$56

Location: Recreation Center Multi-Purpose Room A
Min / Max: 4 / 8
Register By: Nov. 2

FREE EVENT

GO LAKE COUNTY

JOINT COMMUNITY WALK AND EVENT

Saturday, September 29, 2018 at 9am

Independence Grove, 16400 Buckley Road, Libertyville

Be part of the largest GO walk yet! Represent GO Grayslake and meet up with members from other Lake County GO partners.

