

THE GLACIER ICE ARENA CLASSES

670 N Lakeview Pkwy, Vernon Hills, IL

Min / Max: 1 / 6
No Class: Sept. 1
Register By: One week prior

Note - All Glacier Ice Arena classes are contractual programs.

TOT SKATING

Age: 3 - 6 years

These classes teach very basic skating skills by using fun and excitement along with instructional techniques. All skaters must wear gloves/mittens and a protective helmet. Skates included in fee. (TP)

Code:	Day:	Date:	Time:	Fee:
630007A	Tu	Aug. 21-Oct. 9	10-10:30am	\$112
630007B	F	Aug. 24-Oct. 12	5:10-5:40pm	\$112
630007C	Sa	Aug. 25-Oct. 13	10:45-11:15am	\$98
(No class: Sept. 1)				

LITTLE DOGS HOCKEY 1

Age: 3 - 6 years

Learn to skate instruction for the future hockey player. Caged hockey helmet, elbow and knee protection, and gloves required. Students must attend Tot Skating until coaches recommend Little Dogs Hockey. (TP)

Code:	Day:	Date:	Time:	Fee:
630008A	F	Aug. 24-Oct. 12	5-5:40pm	\$128
630008B	Sa	Aug. 25-Oct. 13	10:40-11:20am	\$112
(No class: Sept. 1)				

ROOKIES HOCKEY

Age: 7 - 16 years

Intended for first graders and older; some first graders may be recommended to Little Dogs Hockey. Must have hockey skates, caged helmet, gloves and a stick. Must complete Basic 1 before this class. (TP)

Code:	Day:	Date:	Time:	Fee:
630009A	Sa	Aug. 25-Oct. 13	10:40-11:20am	\$112
(No class: Sept. 1)				

BASIC SKATING 1

Age: 6 - 16 years

Basic Skating Skills teaches the skater the fundamentals of skating. The skater learns skills such as forward stroking, forward swizzles, snowplow stops, backward skating, backward gliding, and more. A helmet is required. (TP)

Code:	Day:	Date:	Time:	Fee:
630010A	Sa	Aug. 25-Oct. 13	9:20-10am	\$112
(No class: Sept. 1)				

ADULT SKATING

Age: 16 years & up

Basic fundamental skating are taught in a relaxed, skate at your own pace atmosphere. Coaches rotate instruction based on your skill level. (TP)

Code:	Day:	Date:	Time:	Fee:
630011A	Sa	Aug. 25-Oct. 13	9:20-10am	\$112
(No class: Sept. 1)				

GYMNASTICS FACTORY CLASSES

888 E Belvidere Road #202, Grayslake, IL
www.thegymnasticsfactory.com

Gymnastics Factory Classes teach skills to various age levels. Participants from other Park Districts may be added with an actual class maximum of 10 kids. The staff to participants ratio is 1:10. Children must be the appropriate age by the first day of class. **Contracted through the Gymnastics Factory whose coaches are U.S.G.A. Safety Certified.** (BW)

Location: Gymnastics Factory, 888 E Belvidere Road #202
No Class: Sept. 3 & Nov. 22
Register By: One week prior

MOMS & MINIS GYMNASTICS

Age: 12 months - 3 years

You and your toddler play on the mats and work on your child's physical coordination.

Code:	Day:	Date:	Time:	Fee (R/NR):
640010A	W	Aug. 22-Oct. 10	10-10:40am	\$132/\$162
640010B	W	Oct. 17-Dec. 5	10-10:40am	\$132/\$162

PEE WEE GYMNASTICS

Age: 3 - 4 years

Children develop large motor skills using various pieces of equipment like balls, planks, beams, trampoline, and bars.

Code:	Day:	Date:	Time:	Fee (R/NR):
640011A	F	Aug. 24-Oct. 12	9:30-10:20am	\$132/\$162
640011B	F	Oct. 19-Dec. 7	9:30-10:20am	\$132/\$162

TINY TOT GYMNASTICS

Age: 4 - 5 years

Children develop large motor skills using various pieces of equipment like balls, planks, beams, trampoline, and bars.

Code:	Day:	Date:	Time:	Fee (R/NR):
640012A	F	Aug. 24-Oct. 12	10:30-11:20am	\$137/\$168
640012B	F	Oct. 19-Dec. 7	10:30-11:20am	\$137/\$168

YOUTH GIRLS GYMNASTICS

Age: 6 - 12 years

Students learn basic gymnastics skills such as tumbling, trampoline, bars, beam, and the pit.

Code:	Day:	Date:	Time:	Fee (R/NR):
640013A	F	Aug. 24-Oct. 12	4-5pm	\$137/\$168
640013B	F	Oct. 19-Dec. 7	4-5pm	\$137/\$168

YOUTH BOYS GYMNASTICS

Age: 6 - 12 years

Students learn basic gymnastics skills such as tumbling, trampoline, bars, beam and the pit.

Code:	Day:	Date:	Time:	Fee (R/NR):
640014A	Th	Aug. 23-Oct. 11	4-5pm	\$137/\$168
640014B	Th	Oct. 18-Dec. 6	4-5pm	\$120/\$147

CHEERLEADING/TUMBLING

Age: 8 - 12 years

Cheerleaders will learn back handsprings, leaps and body positions for safe cheerleading techniques.

Code:	Day:	Date:	Time:	Fee (R/NR):
640015A	M	Aug. 20-Oct. 8	5-6pm	\$120/\$147
640015B	M	Oct. 15-Dec. 3	5-6pm	\$137/\$168