

## BASIC KAYAK CLASS

**Age: 12 years & up**

This basic three-hour kayaking class will teach you what you need to know to take a kayak and get the maximum of SAFE enjoyment from the boat. We start with the basic elements (how to properly get into a kayak, the forward paddle stroke, steering techniques) and build out from there to include bracing techniques to help provide more stability on the water, and solo and partnered rescue techniques, so you know how to get back in the boat from the water. The class includes all equipment. This is a contractual program. (BW)

Code:	Day:	Date:	Time:	Fee (R/NR):
430104A	Su	Aug. 19	3-6pm	\$99/\$119

**Location:** Jones Island Beach

**Min / Max:** 6 / 12

**Register By:** Aug. 12

## INDOOR CO-ED RECREATIONAL VOLLEYBALL LEAGUE

**Age: 14 years & up**

It's volleyball time, so get your teams together! Play a minimum 8 game season with an end of year tournament. During the season, games will be officiated by your own teams. There will be an IHSA officiated referee for the playoff games. Each team must have two girls on court at all times for play. A maximum of 6 players on the court at a time. You are eligible to have more girls on the court than guys. League and days may vary, depending on interest. For more information, contact Brice Walsh at (847) 223-7529 or bwalsh@glpd.com. (BW)

Code:	Day:	Date:	Time:	Fee:
630100A	Sa	Sept. 8- Nov. 3	Varies, 12-6pm	\$100 per team

**Location:** Recreation Center Gym

**Min / Max:** 4 / 8 teams

**Register By:** Sept. 1

## FALL SOFTBALL LEAGUES

**Age: 18 years & up**

Get the bats out, let's play ball! All games will be officiated using A.S.A. rules. An 8-week season will be played including play-offs (extra weeks built in for rain makeup dates). Team awards will be given to the top finishing teams. For more information, please contact Brice Walsh at (847) 223-7529 or bwalsh@glpd.com. (BW)

### Men's 14" Mush

Code:	Day:	Date:	Game Times:	Team Fee:
630107A	W	Aug. 8- Oct. 31	6pm, 7pm, 8pm & 9pm *	\$450 R/ \$500 NR

### Co-Rec 14" Mush

Code:	Day:	Date:	Game Times:	Team Fee:
630107B	F	Aug. 10- Nov. 2	6pm, 7pm, 8pm & 9pm *	\$450 R/ \$500 NR

\* Game times pending number of teams

**Location:** Alleghany Park, Fields 1 & 5

**Min / Max:** 4 / 8 teams per league

**Register By:** Aug. 1

## MEN'S WINTER BASKETBALL LEAGUE

**Age: 18 years & up**

Get your team together and play some basketball! Teams play a minimum 10 game season with a season ending tournament. IHSA rules are used and all games are officiated. Game times will vary each week. For more information, contact Brice Walsh at (847) 223-7529 or bwalsh@glpd.com. (BW)

Players can register as an individual to be put on a team with other individual players (based on the number of individuals who register). A minimum number of 8 players must sign up as an individual to form a team.

**Date:** Sunday, Jan. 6-Apr. 7

**No Games:** Superbowl Sunday

**Time:** Varies between 1-8pm

**Location:** Grayslake High Schools /  
Grayslake Middle School

**Min / Max:** 4 / 10 per division

**Register By:** Dec. 28

Code:	League:	Fee (R/NR):
730108A	Individual Competitive	\$85/\$100
730108B	Individual Recreational	\$85/\$100
730108C	Team Competitive	\$670/\$720
730108D	Team Recreational	\$670/\$720

## GO GRAYSLAKE

Walk your way to better health!

Did you get your 30  
minute walk in today?

