

ALL STAR SPORTS

Age: 4 - 6 years, girls & boys

Calling all little ones looking to explore the world of SPORTS! Each week your child will be introduced to a different sport, learning the basic fundamentals in a fun atmosphere. We will play tee ball, soccer, basketball, floor hockey, and more fun active games. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
730001A	F	Jan. 11-Feb. 15	3:30-4:30pm	\$63/\$79

Location: Recreation Center Gym
Min / Max: 8 / 24
Register By: Jan. 4

START SMART GOLF

Age: 4 - 9 years, girls & boys

Start Smart Golf teaches children the basic skills necessary to play golf. Utilizing the innovative line of Snag Golf Products, even children who have never picked up a club will discover how to play golf with fun activities and exciting equipment that is safe and developmentally appropriate. Start Smart Golf encourages children to learn at their own pace, while an instructor oversees and assists each child with the program. This program will be held at the Grayslake Golf Course, if weather permits. In the event of bad weather, class will be held at the Recreation Center. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
730002A	F	Mar. 1-Apr. 12 (No class: Mar. 29)	3:45- 4:30pm	\$63/\$79

Location: Grayslake Golf Course / Recreation Center
Min / Max: 8 / 12
Register By: Feb. 25

TOTAL SPORTS SPRING BREAK CAMP

Age: 4 - 12 years, girls & boys

This camp focuses on a variety of sports including flag football, basketball, baseball, kickball, soccer, capture the flag, and other group games. Each day, campers will focus on skill development and fundamentals for each respective sport, followed by game play. Coaches ensure a fun and energetic atmosphere while promoting teamwork and good sportsmanship. Bring a snack and water bottle. This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
730055A	M-F	Mar. 25- Mar. 29	10:30am- 1:30pm	\$110/\$138

Location: Recreation Center Gym
Min / Max: 8 / 24
Register By: Mar. 18



ULTIMATE NERF TAG

Age: 6 - 13 years, girls & boys

Experience the awesome game of tag... street zone style! All equipment is provided. Please wear comfortable clothes and gym shoes and bring water. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
730000A	Su	Jan. 20	1-2:30pm	\$3/\$5
730000B	Su	Feb. 24	1-2:30pm	\$3/\$5
730000C	Su	Mar. 17	1-2:30pm	\$3/\$5

Location: Recreation Center Gym
Min / Max: 12 / 36
Register By: One week prior

NERF ELITE BATTLE

Age: 4 - 12 years, girls & boys

Play many different Nerf Elite battle games each week, including an all-out battle. Experience this classic basement game as an arena style team game. All Nerf guns, ammo, and eye protection are provided. You can bring your own gun or eye wear if you want. This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
730053A	Th	Jan. 10-Feb. 14	4:30- 5:30pm	\$84/\$105
730053B	Th	Feb. 28-Apr. 11 (No class: Mar. 28)	4:30- 5:30pm	\$84/\$105

Location: Recreation Center Gym
Min / Max: 8 / 24
Register By: Jan. 7 & Feb. 25



MINI NINJA WARRIORS

Age: 4 - 8 years, girls & boys

Mini Ninja Warriors leap, hop, skip, run your way through obstacles and put your Ninja skills to the test. This fun movement based class will challenge your Ninja to maneuver over and under objects. We will play large group games to further challenge your Ninja's skills. This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
730054A	Th	Jan. 10-Feb. 14	3:30- 4:15pm	\$63/\$79
730054B	Th	Feb. 28-Apr. 11 (No class: Mar. 28)	3:30- 4:15pm	\$63/\$79

Location: Recreation Center Gym
Min / Max: 8 / 24
Register By: Jan. 7 & Feb. 25





After School Sports Mania



Play a variety of sports in a fun setting! This class provides an introduction to athletics by covering a new sport each week.



Meadowview School

Monday, Jan. 7-Mar. 18

Time: 2:15-3:45pm

Fee: \$108

Code: 730012A

No class: Jan. 21 & Feb. 18

Woodview School

Tuesday, Jan. 8-Mar. 19

Time: 2:15-3:45pm

Fee: \$132

Code: 730012B



Prairieview School

Thursday, Jan. 10-Mar. 14

Time: 2:15-3:45pm

Fee: \$108

Code: 730012C

No class: Feb. 28

Frederick School

Friday, Jan. 11-Mar. 15

Time: 3:30-5pm

Fee: \$108

Code: 730012D

No class: Feb. 1



Mix/Max: 12/30

Register By: One week prior



Students will meet in gym when school is dismissed. Late pick ups will be charged \$10 for every 15 minutes.



NEW! MOM & ME ZUMBA CLASS

Age: 4 - 10 years with adult, girls & boys

Let's dance with our little ones! This fun class is designed for moms to let loose with their little guy or girl, have fun and dance to special songs, and get a great workout all in one class. Both Moms and kids need to register. This is a contractual program. (TP)

Age:	Code:	Day:	Date:	Time:	Fee (R/NR):
Moms	770022A	Sa	Jan. 12	9:15-10am	\$10/\$13
4-10 yrs	770022B	Sa	Jan. 12	9:15-10am	\$5/\$7
Moms	770022C	Sa	Feb. 9	9:15-10am	\$10/\$13
4-10 yrs	770022D	Sa	Feb. 9	9:15-10am	\$5/\$7
Moms	770022E	Sa	Mar. 9	9:15-10am	\$10/\$13
4-10 yrs	770022F	Sa	Mar. 9	9:15-10am	\$5/\$7

Location: Recreation Center Multi-Purpose Rooms

Min / Max: 6 / 20

Register By: One week prior

MOTHER/DAUGHTER YOGA

Age: 6 - 16 years with adult, girls

Mothers and daughters have a unique relationship. Yoga can help balance and strengthen that relationship through positive communication and trust. Enjoy time together in individual and partner poses, breathing, and laughing. No yoga experience is necessary. Please bring a water bottle, yoga mat, and towel to class. Please, no more than two children per parent. (TP)

Age:	Code:	Day:	Date:	Time:	Fee (R/NR):
Parent	700009A	Sa	Jan. 19	11am-12pm	\$10/\$13
6-16 yrs	700009B	Sa	Jan. 19	11am-12pm	\$5/\$7

Location: Recreation Center Multi-Purpose Rooms

Min / Max: 8 / 20

Register By: Jan. 14

GYMNASTICS FACTORY CLASSES

Gymnastics Factory Classes teach skills to various age levels. Participants from other Park Districts may be added with an actual class maximum of 10 kids. The staff to participant ratio is 1:10. Children must be the appropriate age by the first day of class. **Contracted through the Gymnastics Factory whose coaches are U.S.G.A. Safety Certified.** (BW)

Location: Gymnastics Factory, 888 E Belvidere Road #202

Register By: One week prior

MOMS & MINIS GYMNASTICS

Age: 1 - 3 years, girls & boys

You and your toddler play on the mats and work on your child's physical coordination.

Code:	Day:	Date:	Time:	Fee (R/NR):
740010A	W	Dec. 12-Jan. 30	10-10:40am	\$96/\$115
740010B	W	Feb. 6-Apr. 10	10-10:40am	\$120/\$144

PEE WEE GYMNASTICS

Age: 3 - 4 years, girls & boys

Children develop large motor skills using various pieces of equipment like balls, planks, beams, trampoline, and bars.

Code:	Day:	Date:	Time:	Fee (R/NR):
740011A	F	Dec. 14-Feb. 1	9:30-10:20am	\$96/\$115
740011B	F	Feb. 8-Apr. 12	9:30-10:20am	\$120/\$144

TINY TOT GYMNASTICS

Age: 4 - 5 years, girls & boys

Children develop large motor skills using various pieces of equipment like balls, planks, beams, trampoline, and bars.

Code:	Day:	Date:	Time:	Fee (R/NR):
740012A	F	Dec. 14-Feb. 1	10:30-11:20am	\$104/\$124
740012B	F	Feb. 8-Apr. 12	10:30-11:20am	\$130/\$156

YOUTH GIRLS GYMNASTICS

Age: 6 - 12 years, girls

Students learn basic gymnastics skills such as tumbling, trampoline, bars, beam, and the pit.

Code:	Day:	Date:	Time:	Fee (R/NR):
740013A	F	Dec. 14-Feb. 1	4-5pm	\$104/\$124
740013B	F	Feb. 8-Apr. 12	4-5pm	\$130/\$156

YOUTH BOYS GYMNASTICS

Age: 6 - 12 years, boys

Students learn basic gymnastics skills such as tumbling, trampoline, bars, beam and the pit.

Code:	Day:	Date:	Time:	Fee (R/NR):
740014A	Th	Dec. 13-Jan. 31	4-5pm	\$104/\$124
740014B	Th	Feb. 7-Apr. 11	4-5pm	\$130/\$156

CHEERLEADING/TUMBLING

Age: 8 - 12 years, , girls & boys

Cheerleaders will learn back handsprings, leaps and body positions for safe cheerleading techniques.

Code:	Day:	Date:	Time:	Fee (R/NR):
740015A	M	Dec. 10-Jan. 28 (No class: Dec. 24)	5-6pm	\$84/\$100
740015B	M	Feb. 4-Apr. 8	5-6pm	\$130/\$156

FASTPITCH SOFTBALL PITCHING LESSONS

Age: 9 - 16 years, girls

Join Lea Corcoran for these great fastpitch softball lessons! Lea finished her high school pitching career at Grayslake Central High School as the GCHS record holder and 20th all-time IHSA history with 1,058 career strikeouts. Lea went on to play Division 1 softball at LaSalle University and IUPUI. These lessons are for beginner to advanced level players, ages 9-16 years old. The lessons will be done in a small group setting. Players need to supply their own catcher. Please contact Lea at Lea_corcoran@yahoo.com with any questions. This is a contractual program. (BW)

Code:	Day:	Date:	Time:	Fee:
730018C	Su	Jan. 6-Jan. 27	9:30-10:30am	\$100
730018D	Su	Jan. 6-Jan. 27	10:30-11:30am	\$100
730018E	Su	Jan. 6-Jan. 27	11:30am-12:30pm	\$100
730018F	Su	Feb. 10-Feb. 24	9:30-10:30am	\$75
730018G	Su	Feb. 10-Feb. 24	10:30-11:30am	\$75
730018H	Su	Feb. 10-Feb. 24	11:30am-12:30pm	\$75
730018I	Su	Mar. 3-Mar. 31 (No class: Mar. 24)	9:30-10:30am	\$100
730018J	Su	Mar. 3-Mar. 31 (No class: Mar. 24)	10:30-11:30am	\$100
730018K	Su	Mar. 3-Mar. 31 (No class: Mar. 24)	11:30am-12:30pm	\$100
730018L	Su	Apr. 7-Apr. 28 (No class: Apr. 21)	9:30-10:30am	\$75
730018M	Su	Apr. 7-Apr. 28 (No class: Apr. 21)	10:30-11:30am	\$75
730018N	Su	Apr. 7-Apr. 28 (No class: Apr. 21)	11:30am-12:30pm	\$75

Location: Recreation Center Gym

Min / Max: 3 / 4

Register By: One week prior

NEW! INTRO TO BATON TWIRLING

Age: 6 - 18 years, girls & boys

Learn the basics of baton twirling in a simple routine. Batons are included in the fees. Each participant will be measured at the first class for proper baton sizing. (TP)

Age:	Code:	Day:	Date:	Time:	Fee (R/NR):
6-12 yrs	730060A	Sa	Jan. 19- Mar. 16	4:30- 5:15pm	\$74/\$87
12-18 yrs	730060B	Sa	Jan. 19- Mar. 16	5:15- 6pm	\$74/\$87

Location: Recreation Center Gym

Min / Max: 6 / 10

Register By: Jan. 12

DID YOU KNOW...

The Recreation Center Gym has several open gym times and activities throughout the week! For the monthly open gym calendar, visit www.glpd.com/open-gyms.

YOUTH ATHLETICS

LITTLE HOOPSTERS BASKETBALL LEAGUE

Age: 5 - 7 years, girls & boys

This fundamental league provides an opportunity to learn the skills of basketball in a low key, non-competitive, and fun atmosphere. Little Hoopsters is set up so participants work on skills and drills, then play a fun game each week. Parent volunteers coach this league. If you're interested in coaching, please fill out the form below and return it to the Park District office. Each player receives a jersey, so please also note shirt size at the time of registration.

For more information on Little Hoopsters Basketball, please contact Tracy Putkonen at (847) 223-7529 or tputkonen@glpd.com. (TP)

Age:	Code:	Day:	Date:	Time:
5-6 years	730017A	F	Jan. 11-Mar. 1	5-6pm
6-7 years	730017B	F	Jan. 11-Mar. 1	6:15-7:15pm

Fee: \$78 R / \$98 NR
Location: Recreation Center Gym
Min / Max: 16 / 32 per division
Register By: Jan. 4



LIL' DRIBBLERS BASKETBALL

Age: 5 - 6 years, girls & boys

The Lil' Dribblers Basketball program introduces children to the game of basketball in a safe, fun, and exciting environment. The curriculum uses age appropriate activities and games specifically designed to increase balance, body awareness, motor skills, hand eye coordination, listening skills, and the ability to follow directions. Lil' Dribblers includes exclusively designed equipment tailored to enhance the basketball experience for each participant. The program challenges children to develop new cognitive, physical, and social skills. This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
730052A	Sa	Jan. 12-Feb. 16	1:30-2:15pm	\$63/\$79
730052B	Sa	Mar. 2-Apr. 13 (No class: Mar. 30)	1-1:45pm	\$63/\$79

Location: Recreation Center Gym
Min / Max: 8 / 24
Register By: Jan. 5 & Feb. 23

Little Hoopsters Basketball League Coach Sign-Up Sheet

*Thank you for your interest in coaching!
Please fill out this form.*

Coach Name: _____

Child's Name: _____

Home Phone: _____

Cell Phone: _____

Address: _____

Email: _____

Coach Shirt Size: _____

Interested in Coaching:

Age Level: 5-6 years 6-7 years

**Please return completed form to the
Grayslake Park District at 240 Commerce Drive.**

3v3 BASKETBALL LEAGUE

Age: 8 - 13 years, girls & boys

Players develop core fundamental and an advanced skill set in this team oriented 3-on-3 program. Enter your own team of three to five players, or sign up as an individual to meet new players. Each team plays a minimum of two half-court games each week. This league allows players to practice their team skills while still getting plenty of ball touches. Referees monitor game play. Teamwork and sportsmanship are emphasized. This is a contractual program. (TP)

Age:	Code:	Day:	Date:	Time:	Fee (R/NR):
8-11 yrs	730058A	W	Feb. 27-Apr. 10 (No class: Mar. 27)	3:30-4:30pm	\$84/\$105
11-13 yrs	730058B	W	Feb. 27-Apr. 10 (No class: Mar. 27)	4:30-5:30pm	\$84/\$105

Location: Recreation Center Gym
Min / Max: 8 / 24
Register By: Feb. 22



SAVE THE DATE!

The 5th Annual George Weinert Fishing Derby is Saturday, June 1 at Jones Island Park!
Get hooked and have fun at this FREE family event.

BASKETBALL SKILLS CLINIC 101



Age: 7 - 13 years, girls & boys

Develop early basketball skills such as shooting, dribbling and passing, along with the basic rules of the game. All instruction is game/drill oriented with mini games and scrimmages played every week. This class is for the basketball beginner looking to understand the game, learn new skills, and have fun! This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
730056A	Sa	Jan. 12-Feb. 16	2:30-3:30pm	\$84/\$105
730056B	Sa	Mar. 2-Apr. 13 (No class: Mar. 30)	1:45-2:45pm	\$84/\$105

Location: Recreation Center Gym
Min / Max: 8 / 20
Register By: Jan. 5 & Feb. 23

BASKETBALL 201



Age: 10 - 13 years, girls & boys

The next step in basketball instruction, this class will build upon the fundamentals taught in the Basketball 101 class. A slightly faster paced environment will be geared around competitive play, encouraging tactics such as attacking the basket and aggressive defense. Players should have basic knowledge of the rules and be able to dribble comfortably in order to succeed in the class. This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
730057A	Sa	Mar. 2-Apr. 13 (No class: Mar. 30)	2:45-3:45pm	\$84/\$105

Location: Recreation Center Gym
Min / Max: 8 / 20
Register By: Feb. 23

DAYS-OFF BASKETBALL OPEN GYM

Ages: 6 years & up

When school is out, stop by the Recreation Center to play basketball with your friends on:

- Thursday, Jan. 3, 3:30-5:30pm
- Friday, Jan. 4, 3:30-5:30pm
- Monday, Jan. 21, 1:30-3:30pm
- Friday, Feb. 1, 1:30-3:30pm
- Monday, Feb. 18, 1:30-3:30pm
- Thursday, Mar. 21, 1:30-3:30pm
- Friday, Mar. 22, 3:30-5:30pm

Single Visit Fee: \$3 R / \$5 NR
 12 Visit Pass: \$33 R / \$57 NR

Visit www.glpd.com/open-gyms for details!

PEE WEE FLOOR HOCKEY



Age: 4 - 6 years, girls & boys

Make your child's first hockey experience a blast! To ensure a safe environment, Pee Wee Floor Hockey players play with pillow polo sticks, which have a soft-cushion end. Participants learn the basics of the game and experience the thrills of being a hockey player! This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
702074A	Sa	Jan. 12-Feb. 16	10:15-11am	\$63/\$79

Location: Recreation Center Gym
Min / Max: 8 / 24
Register By: Jan. 5

FLOOR HOCKEY



Age: 7 - 10 years, girls & boys

This clinic provides participants the opportunity to learn and play floor hockey in a safe and fun environment. Players learn positions, stick handling and ball control in this fun, fast-paced class. In addition, players develop teamwork and sportsmanship while having fun competitive gameplay each week. Safety and having fun is a must when you step on the floor. Come ready to play! This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
730004A	Sa	Jan. 12-Feb. 16	11:45am-12:15pm	\$84/\$105

Location: Recreation Center Gym
Min / Max: 8 / 24
Register By: Jan. 5

GRAYSLAKE PARK DISTRICT ICE RINKS

When the conditions are safe, skating is allowed in designated plowed areas on the following Grayslake Park District ponds:

- Jones Island Park
- Molly's Pond in Haryan Farms
- Cambridge Pond in College Trail
- Chesapeake Landing in Chesapeake Farms
- Lexington Woods Park in English Meadows

A flag is flown to indicate if the ice is safe. The red flag means unsafe conditions and green flag means safe conditions.

For updated ice conditions for the parks above, please call (847) 223-7529 or visit www.glpd.com/ice-rinks.

YOUTH ATHLETICS

CO-ED YOUTH VOLLEYBALL LEAGUE

Age: 3rd - 8th grade, girls & boys

With parent volunteer coaches, this league offers girls and boys the opportunity to learn basic fundamentals, strategies, and teamwork. The league is designed so all teams are balanced and all athletes have a chance to play. Participants will practice one hour per week and have games on Saturdays. All players must attend **one** player evaluation day in order to join the league. **Pre-registration is required before attending evaluations.** (BW)

PLAYER EVALUATIONS

Monday, Mar. 11 or Tuesday, Mar. 12

Players must pre-register and attend one date listed.

Grade:	Code:	Time:	Location:
3rd/4th	730015A	6pm	Frederick School
5th/6th	730015B	6:45pm	Frederick School
7th/8th	730015C	7:30pm	Frederick School

LEAGUE DETAILS

Practice: Practices begin the week of Apr. 1
Games: Saturday, Apr. 13-May 25
Fee: **On or before Mar. 10:** \$105 per person
After Mar. 10: \$125 per person
Location: District 46 and District 127 School Gyms
Min / Max: 4 / 8 teams per age group
Register By: Mar. 10



VOLLEYBALL SKILLS CLINIC 1

Age: 7 - 9 years, girls & boys

This clinic includes instruction on all major volleyball skills: serving, passing, setting, and attacking. Players receive a solid foundation of these fundamental skills through active drills, building up to team play. This class is for beginners looking to understand the game and learn new skills. Kneepads are recommended. This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
730041A	W	Jan. 9-Feb. 13	3:45-4:30pm	\$63/\$79
730041B	Sa	Mar. 2-Apr. 13 (No class: Mar. 30)	10:15-11am	\$63/\$79

Location: Recreation Center Gyms
Min / Max: 8 / 24
Register By: Jan. 2 & Feb. 23



GAME TIME VOLLEYBALL

Age: 10 - 13 years, girls & boys

Players experience daily scrimmages with active instruction and tips from the coaching staff of Hot Shots Sports. Coaches referee while emphasizing the fundamentals and game strategies of volleyball. Players use skills such as serving, passing, setting and attacking in a "game time" environment. This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
730045A	W	Jan. 9-Feb. 13	4:30-5:30pm	\$84/\$105
730045B	Sa	Mar. 2-Apr. 13 (No class: Mar. 30)	11am-12pm	\$84/\$105

Location: Recreation Center Gym
Min / Max: 8 / 24
Register By: Jan. 2 & Feb. 23

Co-Ed Youth Volleyball League Coach Sign-Up Sheet

All coaches **must** complete a criminal background check and attend the Volunteer Coaches CPR Class on Tuesday, Mar. 19 at 6pm at the Recreation Center.

Coach Name: _____

Child's Name: _____

Home Phone: _____

Cell Phone: _____

Email: _____

Coach Shirt Size: _____

Interested in Coaching:

Grade Level: 3rd/4th 5th/6th 7th/8th

Position: Head Coach Assistant Coach

Practice Night Preference: _____

Please return completed form to the
Grayslake Park District at 240 Commerce Drive.

VOLUNTEER COACHES CPR CLASS

Age: 16 years & up

This class is for anyone volunteering their time to coach Youth Volleyball for the Grayslake Park District. All Volunteer Coaches are required to have a current CPR Certification. If you have any questions, please contact Brice Walsh at (847) 223-7529 or bwalsh@glpd.com.

Code:	Day:	Date:	Time:	Fee:
730102A	Tu	Mar. 19	6pm	FREE!

Location: Recreation Center Multi-Purpose Room A
Register By: Mar. 18