

NIFTY 50+ MONTHLY SENIOR CLUB

Join the best monthly senior club around! We have so much fun socializing while playing bingo, cards and games. Refreshments, coffee and tea are available at each meeting. What kind of things should we do at our monthly meeting? Come to our social meetings to share your ideas.

Meetings are the 4th Wednesday of every month from 1-3pm. **There is a \$2 fee per person collected at the door at each meeting.**

New Location Alert!

Meetings are now held at the Recreation Center (240 Commerce Drive, Grayslake).

Dates: Mar. 27, Apr. 24, May 22, June 26, July 24 & Aug. 28

LET'S DO LUNCH

Age: Active Adults, 55+ years

Hey, let's do lunch! Each month try out a different restaurant with us. Some months the fare may be ethnic food and others may be American favorites. The cost is \$5 per trip to cover van transportation and you cover the meal on your own. Restaurants are subject to change if they are unable to accommodate our group. (SR)

THE CHARCOAL GRILL AND ROTISSERIE BURLINGTON, WI

Cuisine: Burgers, lunch entrees range \$9-\$17

Code:	Day:	Date:	Time:	Fee:
850004A	Th	Apr. 11	11:45am-2pm	\$5

Pick-Up Location: Recreation Center Lobby

Min / Max: 6 / 13

Register By: Apr. 4

MILWAUKEE PUBLIC MUSEUM AND PLANETARIUM

Age: Active Adults, 55+ years

The Milwaukee Public Museum is a natural and human history museum located in downtown Milwaukee, WI. The museum was chartered in 1882 and opened to the public in 1884. The museum will be hosting the special exhibit "Poison." Take your time as you view the museum's 150,000 square feet of exhibit space where you can "Visit Africa," and stroll through the bustling "Streets of Old Milwaukee" with life-size, interactive exhibits. After touring the museum, we will enjoy a late lunch at Water Street Brewery (lunch not included in trip price). **Moderate to extensive walking and standing.** (SR)

Code:	Day:	Date:	Time:	Fee:
850047A	Tu	Apr. 16	8:45am-3:30pm	\$23 per person

Location: Recreation Center Lobby

Min / Max: 10 / 26

Register By: Mar. 26

MAGNIFICENT CHURCHES OF CHICAGO

Age: Active Adults, 50+ years

A perfect spring outing filled with the radiant glory of time tested architecture and fresh perspective. We have selected three magnificent churches to tour; Resurrection, Basilica of St. Hyacinth, and St. John Cantius. Our group will enjoy a delicious buffet at Red Apple. Our next stop will be to tour St. John Cantius, voted the most beautiful in America in 2016. Churches in our anticipated itinerary are active sacred places and the itinerary is subject to change due to unforeseen circumstances. Trip includes transportation by motor coach, tour, and lunch. **Extensive to moderate walking and stairs.** (SR)

Code:	Day:	Date:	Time:	Fee:
850034A	Tu	Apr. 23	7:45am-3:45pm	\$94 per person

Location: Recreation Center Lobby

Min / Max: 6 / 13

Register By: Apr. 9

BRAVE WAY SELF DEFENSE

Age: Active Adults, 50+ years

In two hours you'll learn how to anticipate and avoid potentially violent or dangerous situations and how to defend yourself from a physical attack, if needed. The techniques are easy to learn and use, and they work regardless of your age, size, strength, speed, or physical ability. You're never too old or out of shape to learn how to defend yourself. Let Brave Way Self Defense help make you safer. This is a contractual program. (SR)

Code:	Day:	Date:	Time:	Fee:
750061A	Th	Apr. 11	9:30-11:30am	\$26 per person
850061A	Tu	May 14	1-3pm	\$26 per person

Location: Recreation Center Multi-Purpose Room

Min / Max: 6 / 20

Register By: Apr. 4 & May 7

GRAYSLAKE

FREE! GO GRAYSLAKE WALKING CLUB

Age: Active Adults, 50 years & up

Come get your steps in at our FREE Walking Club for Active Adults! The Recreation Center Gym is open for walking during designated times a few days a week through the middle of April. Check out the Open Gym Calendar for dates and times: www.glpd.com/open-gyms.

Join us at the **GO** Grayslake Walking Club to walk your way to better health! For more information on **GO** Grayslake and other upcoming walks, visit: www.glpd.com/go-grayslake.



SC JOHNSON & WINGSPREAD

Age: Active Adults, 50+ years

SC Johnson's global headquarters in Racine, WI is home to remarkable legacies by inspired leaders. In this in-depth, 1.5 hour tour, you'll explore the Frank Lloyd Wright-designed Administration Building, Research Tower, and Fotalenza Hall with the Spirit of Carnuba airplane soaring at its heart. We will enjoy a buffet lunch in Racine (included in the trip price). Enjoy a short stop at O & H Danish Bakery for shopping. We also have planned to tour Wingspread, the Johnson family home, which was completed in 1939 and became a National Historic Landmark in 1990 (please note: this destination may change due the unforeseen circumstances). Trip includes transportation by Park District bus, tour, and lunch.

Extensive walking and standing. (SR)

Code:	Day:	Date:	Time:	Fee:
850035A	F	May 10	8:45am-4:15pm	\$32 per person
Location:	Recreation Center Lobby			
Min / Max:	6 / 13			
Register By:	Apr. 19			

REAL ESTATE ASSESSMENT EXEMPTION WORKSHOP

Thursday, May 16 from 10-11am

The Chief County Assessment Office and Township Assessors will be at the Grayslake Park District Recreation Center (240 Commerce Drive) to assist residents in completing the 2019 Senior Citizens Assessment Freeze Application for taxes payable in 2020, and to help taxpayers sign up for other appropriate exemptions. Residents will work with a staff member one-on-one to complete necessary forms. Qualifications for the Assessment Freeze are 65 or older, own and live in the property for the past two Jan. 1; income \$65,000 or less. Bring your 2018 tax return, and Social Security Statement (SSA-1099) and proof of beneficiary if the house is held in a Trust. No appointment required.

TRIP REFUND POLICY

Refunds are only given under the following conditions: 1). The Grayslake Park District cancels the trip; 2). The Park District has a waiting list and can sell your ticket to someone else; 3). Person requesting a refund finds a replacement to attend the trip; 4). Park District Refund Form is completed and returned to the Park District **before** the trip registration deadline. **REFUNDS ARE NOT GUARANTEED.**

DANCE YOUR GLASS OFF

Age: Active Adults, 50+ years



Bucket List Trip

Take the day to have new experiences and make memories: learn about the art of glass-making, enjoy a fabulous lunch and dancing... how much more can you fit into a day? We will visit Peter Patterson Glassworks for a front row demonstration of how the art of glass-making is done. We will see watch at least two different pieces be created and have time to stroll through the gallery. Onto lunch at Dover Straits in Mundelein, **please indicate your lunch selection:** New York Strip Steak served with béarnaise sauce, Atlantic Salmon Filet, broiled and served over sautéed fresh spinach with béarnaise sauce, Chicken Marsala sautéed with mushrooms, garlic and red wine sauce, or Jumbo French Fried Shrimp, served with a tangy cocktail sauce. Lunch will also include: a cup of soup, salad, potato and vegetable, sherbet and nonalcoholic beverage. Now for a little movement as we head to Dress Up N Dance, where Angela and Richard will lead us in dance lesson. All dance steps can be adjusted for each person's ability. Let's have fun together and check off a few items that might be on your bucket list. **Moderate dancing and standing.** (SR)

Code:	Day:	Date:	Time:	Fee:
850036A	W	May 15	9:15am-4:45pm	\$68 per person
Location:	Grayslake Golf Course			
Min / Max:	6 / 13			
Register By:	Apr. 19			



What's on your Bucket List?

What's on your Bucket List? Let us help you check those life experiences off your list! Anything and everything you want to do is fair game – whether it's big, small, unique, or random. Future trip destinations and activities will be selected from the submissions.

Share your Bucket List ideas with Shelly at (847) 223-7529 or sregnier@glpd.com.