

ALL STAR SPORTS

Age: 4 - 6 years, girls & boys

Calling all little ones looking to explore the world of SPORTS! Each week your child will be introduced to a different sport, learning the basic fundamentals in a fun atmosphere. We will play t-ball, soccer, basketball, floor hockey, and more fun active games. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
830001A	Tu	Apr. 23-May 28	4:30-5:30pm	\$63/\$79

Location: Recreation Center Gym
Min / Max: 8 / 24
Register By: Apr. 16

START SMART GOLF

Age: 4 - 9 years, girls & boys

Start Smart Golf teaches children the basic skills necessary to play golf. Utilizing the innovative line of Snag Golf Products, even children who have never picked up a club will discover how to play golf with fun activities and exciting equipment that is safe and developmentally appropriate. Start Smart Golf encourages children to learn at their own pace, while an instructor oversees and assists each child with the program. This program will be held at the Grayslake Golf Course, if weather permits. (TP)

Age:	Code:	Day:	Date:	Time:
4-6 yrs	830002A	F	Apr. 26-May 31	3:30-4:15pm
7-9 yrs	830002B	F	Apr. 26-May 31	4:30-5:15pm

Fee: \$84 R / \$105 NR
Location: Grayslake Golf Course
Min / Max: 8 / 12
Register By: Apr. 19

NERF ELITE BATTLE

Age: 4 - 12 years, girls & boys

Play many different Nerf Elite battle games each week, including an all-out battle. Experience this classic basement game as an arena style team game. All Nerf guns, ammo, and eye protection are provided. You can bring your own gun or eye wear if you want. This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
830053A	Th	Apr. 25-May 30	4:30-5:30pm	\$84/\$105

Location: Recreation Center Gym
Min / Max: 8 / 24
Register By: Apr. 18



After School Sports Mania

*Play a variety of sports in a fun setting!
 This class provides an introduction to athletics by covering a new sport each week.*



Meadowview School

Monday, Apr. 1-May 20
 Time: 2:15-3:45pm
 Fee: \$96
 Code: 830012A



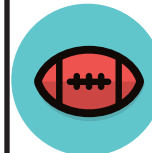
Woodview School

Tuesday, Apr. 2-May 21
 Time: 2:15-3:45pm
 Fee: \$96
 Code: 830012B



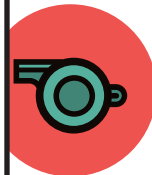
Prairieview School

Thursday, Apr. 4-May 23
 Time: 2:15-3:45pm
 Fee: \$96
 Code: 830012C



Frederick School

Friday, Apr. 5-May 24
 Time: 3:30-5pm
 Fee: \$84
 Code: 830012D
 No class: May 17



Mix/Max: 12/30

Register By: One week prior



Students will meet in gym when school is dismissed. Late pick ups will be charged \$10 for every 15 minutes.

LITTLE LEAGUE SOCCER

Age: 4 - 7 years, girls & boys

The Grayslake Park District's Little League Soccer Program is a parent volunteer coached league which provides the opportunity for boys and girls to learn the skills of soccer in a low-key, non-competitive and fun atmosphere. The league runs every Saturday and is set up so children practice for the first half hour and play games the second half hour. Please note this is **not** a drop off class. This class will meet unless there is heavy rain or storms, so dress for the weather and come on out to play! Please request coach or teammates when registering. Each player will receive a t-shirt, so please also note shirt size at the time of registration. (TP)

Team Rosters and Game Schedules will be posted on www.glpd.com/little-league-soccer by Thursday, Apr. 18.

VOLUNTEER COACHES NEEDED

Interested in coaching Little League Soccer? Please visit www.glpd.com/little-league-soccer to fill out a coach sign-up sheet or complete the form below.

Division:	Age:	Code:	Day:	Date:
Division I	4-5 yrs	830021A	Sa	Apr. 27-May 25
Division II	6-7 yrs	830021B	Sa	Apr. 27-May 25

Time: 1-hour each week, varies between 9am-1pm
Fee: **On or before Apr. 11:** \$50 R /\$63 NR
After Apr. 11: \$63 R /\$79 NR
Location: Alleghany Park, Soccer Field 2
Min / Max: 16 / 48 per division
Register By: Apr. 11

Little League Soccer Coach Sign-Up Sheet

Interested in coaching? Please fill out this form or complete one online at www.glpd.com/little-league-soccer.

Coach Name: _____

Child's Name: _____

Cell Phone: _____

Email: _____

Coach Shirt Size: _____

Interested in Coaching:

Age Level: 4-5 years 6-7 years

Please return completed form to the
Grayslake Park District at 240 Commerce Drive.

PARENT & TOT SOCCER

Age: 2 - 3 years with adult, girls & boys

Young children develop motor skills while having fun running and kicking. Parents and tots work together in this class to learn soccer basics. Dribbling, passing, shooting, and kicking are emphasized. A variety of activities are played each week. Please note there will be no exceptions to the age requirement – participants must be at least 2 years old to enroll into this class. This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
8020283A	Sa	Apr. 20-May 25	8:30-9am	\$42/\$53

Location: Alleghany Park, Softball Field 6
Min / Max: 8 / 20
Register By: Apr. 13

PEE WEE SOCCER

Age: 4 - 6 years, girls & boys

Make your child's early soccer experience a great one. The younger player develops their soccer skills and also gains confidence, coordination, motor skills, and communication. The program uses age appropriate drills and exercises to teach players kicking, ball control, dribbling, shooting, and more. This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
830013A	W	Apr. 17-May 22	4:15-5pm	\$63/\$79

Location: Alleghany Park Soccer Field 2
Min / Max: 8 / 20
Register By: Apr. 10

SOCCER SKILLS CLINIC 101

Age: 7 - 10 years, girls & boys

Children are introduced to the fundamentals of soccer tactics such as passing the ball, attack and defense moves, keeping the ball away from and taking the ball from the opposing team. Children learn to score and prevent goals. Physical endurance and fitness is emphasized while touching the ball. At this age the focus starts to change from simple games to organized, tactical, competitive games. This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
830014A	W	Apr. 17-May 22	5-6pm	\$84/\$105

Location: Alleghany Park Soccer Field 2
Min / Max: 8 / 20
Register By: Apr. 10

T-BALL FOR TOTS WITH PARENT

Age: 3 - 4 years with adult, girls & boys

Okay little guys and gals, no more watching big brother or sister play – now it's your turn! Learn the very basic fundamentals of base running, fielding, throwing and batting. Parent involvement is encouraged in this class. Players should bring a baseball glove to class. (TP)

Age:	Code:	Day:	Date:	Time:
3 yrs	802027A	Sa	Apr. 27-May 25	11-11:45am
4 yrs	802027B	Sa	Apr. 27-May 25	12-12:45pm

Fee: \$45 R / \$56 NR
Location: Alleghany Park, Baseball Field 3
Min / Max: 8 / 20
Register By: Apr. 20

T-BALL SPRING TRAINING

Age: 5 - 6 years, girls & boys

Learn the very basic fundamentals of base running, fielding, throwing and batting. Parent involvement is encouraged in this class. Players should bring a baseball glove to class. (TP)

Age:	Code:	Day:	Date:	Time:	Fee (R/NR):
5 yrs	830019A	Sa	Apr. 27- May 25	9-9:45am	\$38/\$48
6 yrs	830019B	Sa	Apr. 27- May 25	10-10:45am	\$38/\$48

Location: Alleghany Park, Baseball Field 3
Min / Max: 8 / 20
Register By: Apr. 20

T-BALL SKILLS CLINIC

Age: 5 - 7 years, girls & boys

This introductory t-ball program is perfect for the child who wants to have fun, make new friends and be introduced to baseball. Participants enjoy learning the skills needed to play baseball including offense and defense, as well as the rules and philosophies of the game. The program emphasizes teamwork over competition. All you need to bring is a glove and sports attire. This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
802077A	F	Apr. 19-May 24	4-4:45pm	\$63/\$79

Location: Alleghany Park, Softball Field 6
Min / Max: 8 / 20
Register By: Apr. 12



SUMMER T-BALL LEAGUE

Age: 4 - 7 years, girls & boys

Come enjoy the summer while learning the basics of baseball, with the help of a tee (older division will have option of tee or coach pitch). Teams will practice one night per week and play games on Saturdays. Also, each team will have just two weekday evening games, making a total of 8 games for the season. Volunteer parents serve as coaches. Please request coach or teammates at time of registration. All players and coaches will receive replica Major League Baseball Jerseys and Caps as uniforms.

VOLUNTEER COACHES NEEDED

Interested in coaching T-Ball? Super! Please visit www.glpd.com/t-ball to fill out a coach sign-up sheet or complete the form below. All coaches must go through a background check prior to the season start. **There will be a Coaches Meeting on Tuesday, May 14 at 6pm at the Recreation Center.** (BW)

Age:	Code:	Day/Time/Location
4-5 years	930025A	Varies from week to week
6-7 years	930025B	Varies from week to week

Fee: **On or Before May 4:** \$90 R / \$112 NR
After May 4: \$115 R / \$143 NR
Date: Practices begin week of May 20
 Games: June 8-July 27
Min / Max: 20 / 312

Summer T-Ball League Coach Sign-Up Sheet

All coaches **must** complete a criminal background check and attend a Coaches Meeting on Tuesday, May 14 at 6pm at the Rec Center.

Coach Name: _____

Child's Name: _____

Home Phone: _____

Cell Phone: _____

Email: _____

Coach Shirt Size: _____

Interested in Coaching:

Age Level: 4-5 years 6-7 years

Position: Head Coach Assistant Coach

Practice Night Preference: _____

**Please return completed form to the
Grayslake Park District at 240 Commerce Drive.**

YOUTH ATHLETICS

GIRLS SOFTBALL LEAGUE

Age: 7 - 15 years, girls

Join the Grayslake Park District Girls Softball League and play on some of the nicest fields in the area at Alleghany Park! Players and volunteer coaches will receive replica College Jerseys and Visors for uniforms. Practices begin the week of May 20 with games beginning June 8 and ending July 27 (pending rainouts). Teams will also play a few weekday evening games. Age groups will be combined as needed.

All players must attend **one** player evaluation day. **Pre-registration is required before attending evaluations.** Players need to bring a glove to evaluations. Please print forms from www.glpd.com/girls-in-house-softball and bring completed forms with to evaluations. Please note: Carpool requests must be given at evaluations and be reciprocal. Sorry, no coach requests! (BW)

PLAYER EVALUATIONS

Monday, Apr. 29 or Thursday, May 2

Players must pre-register and attend one evaluation.

Division:	Time:	Location:
2nd & 3rd Grade	5:45pm	Alleghany Park, Softball Field 1
4th & 5th Grade	6:15pm	Alleghany Park, Softball Field 1
6th & 7th Grade	6:45pm	Alleghany Park, Softball Field 1
8th, 9th & 10th Grade	7:15pm	Alleghany Park, Softball Field 1

LEAGUE DETAILS

Location: Alleghany Park, Fields TBD

Practices: Begin the week of May 20

Games: The weeks of June 8-July 27 (pending rainouts)

Note: **Register for the grade player will be entering in Fall 2019**

Division:	Code:	Fee on or before Apr. 28:	Fee after Apr. 28:
1st Grade	930022A	\$125 R / \$152 NR	\$150 R / \$184 NR
2nd Grade	930022B	\$125 R / \$152 NR	\$150 R / \$184 NR
3rd Grade	930022C	\$125 R / \$152 NR	\$150 R / \$184 NR
4th Grade	930022D	\$125 R / \$152 NR	\$150 R / \$184 NR
5th Grade	930022E	\$125 R / \$152 NR	\$150 R / \$184 NR
6th Grade	930022F	\$125 R / \$152 NR	\$150 R / \$184 NR
7th Grade	930022G	\$125 R / \$152 NR	\$150 R / \$184 NR
8th Grade	930022H	\$125 R / \$152 NR	\$150 R / \$184 NR
9th Grade	930022I	\$125 R / \$152 NR	\$150 R / \$184 NR
10th Grade *	930022J	\$125 R / \$152 NR	\$150 R / \$184 NR

* Athletes who play high school softball will join teams once their high school season is completed.

In-House Girls Softball League Coach Sign-Up Sheet

Interested in coaching? Fill out this form! Save the date for a Coaches Meeting on Tuesday, May 14 at 7:30pm at the Rec Center.

Coach Name: _____

Child's Name: _____

Home Phone: _____

Cell Phone: _____

Email: _____

Coach Shirt Size: _____

Interested in Coaching:

Division: 2nd/3rd 4th/5th 6th/7th 8th/9th/10th Position: Head Coach Assistant Coach

Coaching With: _____

Practice Night Preference: _____

Please return completed form to Brice Walsh at the Grayslake Park District (240 Commerce Drive).

SOFTBALL SKILLS CLINIC LEVEL 1 & II

Age: 5 - 13 years, girls & boys

This class is a complete introduction for the beginning softball star. Learn about the bases, field positions, and defensive mechanics while gaining skills in throwing and hitting. Live games are played every day with instructor pitching. Players will use 11" softie or indoor softball. Softball glove is required. This is a contractual program. (TP)

Age:	Code:	Day:	Date:	Time:	Fee (R/NR):
5-7 yrs	830050A	Sa	Apr. 20- May 25	10:15- 11am	\$63/\$79
8-13 yrs	830050B	Sa	Apr. 20- May 25	9:15- 10:15am	\$63/\$79

Location: Alleghany Park, Softball Field 6
Min / Max: 8 / 20
Register By: Apr. 13

FASTPITCH SOFTBALL PITCHING LESSONS

Age: 9 - 16 years, girls

Join Lea Corcoran for these great fastpitch softball lessons! Lea finished her high school pitching career at Grayslake Central High School as the GCHS record holder and 20th all-time IHSA history with 1,058 career strikeouts. Lea went on to play Division 1 softball at LaSalle University and IUPUI. These lessons are for beginner to advanced level players, ages 9-16 years old. The lessons will be done in a small group setting. Players need to supply their own catcher. Please contact Lea at Lea_corcoran@yahoo.com with any questions. This is a contractual program. (BW)

Code:	Day:	Date:	Time:	Fee:
730018L	Su	Apr. 7-Apr. 28 (No class: Apr. 21)	9:30-10:30am	\$75
730018M	Su	Apr. 7-Apr. 28 (No class: Apr. 21)	10:30-11:30am	\$75
730018N	Su	Apr. 7-Apr. 28 (No class: Apr. 21)	11:30am-12:30pm	\$75

Location: Recreation Center Gym
Min / Max: 3 / 4
Register By: Mar. 31

BASKETBALL OPEN GYM

Ages: 6 years & up

Shoot some hoops in the Recreation Center Gym! Children 8 years and younger must be accompanied by an adult. Schedule varies monthly, so call (847) 223-2844 or visit www.glpd.com/open-gyms for dates and times.

Single Visit Fee: \$3 R / \$ 5 NR
 12 Visit Pass: \$33 R / \$57 NR

BASEBALL 101

Age: 8 - 13 years, girls & boys

This beginner's baseball class gives players a full introduction to the great sport of baseball. Players are instructed on all aspects of the game in a fun and learning environment. This program teaches the fundamentals of stretching, base running, throwing and catching, and hitting off a tee from live pitching, playing various positions in the field, game play and strategy, and at home practice tips. Participants should bring their own bats and gloves. This is a contractual program. (TP).

Code:	Day:	Date:	Time:	Fee (R/NR):
830047A	F	Apr. 19-May 24	4:45-5:45pm	\$84/\$105

Location: Alleghany Park, Baseball Field 6
Min / Max: 8 / 20
Register By: Apr. 12

LIL' DRIBBLERS BASKETBALL

Age: 5 - 6 years, girls & boys

The Lil' Dribblers Basketball program introduces children to the game of basketball in a safe, fun, and exciting environment. The curriculum uses age appropriate activities and games specifically designed to increase balance, body awareness, motor skills, hand eye coordination, listening skills, and the ability to follow directions. Lil' Dribblers includes exclusively designed equipment tailored to enhance the basketball experience for each participant. The program challenges children to develop new cognitive, physical, and social skills. In addition, each child will experience social interaction with children and adults in a fun environment. This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
830052A	Tu	Apr. 23- May 28	3:45-4:30pm	\$63/\$79

Location: Recreation Center Gym
Min / Max: 8 / 24
Register By: Apr. 16

BASKETBALL SKILLS CLINIC 101

Age: 7 - 13 years, girls & boys

Develop early basketball skills such as shooting, dribbling and passing, along with the basic rules of the game. All instruction is game/drill oriented with mini games and scrimmages played every week. This class is for the basketball beginner looking to understand the game, learn new skills, and have fun! This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
830056A	Tu	Apr. 23-May 28	4:30-5:30pm	\$84/\$105

Location: Recreation Center Gym
Min / Max: 8 / 20
Register By: Apr. 16

CO-ED YOUTH VOLLEYBALL LEAGUE

Age: 3rd - 8th grade, girls & boys

With parent volunteer coaches, this league offers girls and boys the opportunity to learn basic fundamentals, strategies, and teamwork. The league is designed so all teams are balanced and all athletes have a chance to play. Participants will practice one hour per week and have games on Saturdays. All players must attend **one** player evaluation day in order to join the league. **Pre-registration is required before attending evaluations.** (BW)

PLAYER EVALUATIONS

Monday, Mar. 11 or Tuesday, Mar. 12

Players must pre-register and attend one date listed.

Grade:	Code:	Time:	Location:
3rd/4th	730015A	6pm	Frederick School
5th/6th	730015B	6:45pm	Frederick School
7th/8th	730015C	7:30pm	Frederick School

LEAGUE DETAILS

Practice: Practices begin the week of Apr. 1
Games: Saturday, Apr. 13-May 25
Fee: **On or before Mar. 10:** \$105 per person
After Mar. 10: \$125 per person
Location: District 46 and District 127 School Gyms
Min / Max: 4 / 8 teams per age group
Register By: Mar. 10

VOLUNTEER COACHES NEEDED

Interested in coaching Youth Volleyball? Wonderful! Please visit www.glpd.com/youth-volleyball and fill out a coach sign-up sheet.

VOLUNTEER COACHES CPR CLASS

Age: 16 years & up

This class is for anyone volunteering their time to coach Youth Volleyball for the Grayslake Park District. All Volunteer Coaches are required to have a current CPR Certification. If you have any questions, please contact Brice Walsh at (847) 223-7529 or bwalsh@glpd.com.

Code:	Day:	Date:	Time:	Fee:
730102A	Tu	Mar. 19	6pm	FREE!

Location: Recreation Center Multi-Purpose Room A
Register By: Mar. 18

DID YOU KNOW...

When there are spots available, sometimes you can register for Youth Volleyball **after** the registration deadline, if there are spots available in the league. If the registration deadline has passed, contact Brice Walsh at (847) 223-7529 or bwalsh@glpd.com and ask if you can still register for the league!

VOLLEYBALL SKILLS CLINIC 1

Age: 7 - 9 years, girls & boys

This clinic includes instruction on all major volleyball skills: serving, passing, setting, and attacking. Players receive a solid foundation of these fundamental skills through active drills, building up to team play. This class is for beginners looking to understand the game and learn new skills. Kneepads are recommended. This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
830041A	F	Apr. 26- May 31	6:15-7:15pm	\$84/\$105

Location: Recreation Center Gym
Min / Max: 8 / 24
Register By: Apr. 19



GAME TIME VOLLEYBALL

Age: 10 - 13 years, girls & boys

Players experience daily scrimmages with active instruction and tips from the coaching staff of Hot Shots Sports. Coaches referee while emphasizing the fundamentals and game strategies of volleyball. Players use skills such as serving, passing, setting and attacking in a "game time" environment. This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
830049A	F	Apr. 26- May 31	7:15-8:15pm	\$84/\$105

Location: Recreation Center Gym
Min / Max: 8 / 24
Register By: Apr. 19



Interested in setting your child up for volleyball success?
 Flip to page 53 for volleyball summer camps.

NEW! INTRO TO BATON TWIRLING

Age: 6 - 18 years, girls & boys

Learn the basics of baton twirling in a simple routine. Batons are included in the fees. Each participant will be measured at the first class for proper baton sizing. (TP)

Age:	Code:	Day:	Date:	Time:	Fee (R/NR):
6-12 yrs	830060A	Sa	Apr. 27- June 1	4:30- 5:15pm	\$74/\$87
12-18 yrs	830060B	Sa	Apr. 27- June 1	5:15- 6pm	\$74/\$87

Location: Recreation Center Gym
Min / Max: 6 / 10
Register By: Apr. 20

PEE WEE FLAG FOOTBALL



Age: 4 - 7 years, girls & boys

The younger player develops early football skills in this non-contact class while gaining confidence, coordination and motor skills. The program uses age appropriate drills and exercises to teach players proper stance, passing, catching, running and more. Each class is designed to develop endurance, promote good sportsmanship and teamwork. Class will meet on the north side of the Recreation Center Building near the playground when weather permits and class will be held in the gym on rain days. This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
802078A	Sa	Apr. 20- May 25	11:15am-12pm	\$63/\$79

Location: Recreation Center Field
Min / Max: 8 / 20
Register By: Apr. 13

JUNIOR FLAG FOOTBALL



Age: 8 - 12 years, girls & boys

Players experience daily scrimmages with active instruction and tips from Hot Shots coaching staff. Coaches referee while emphasizing the fundamental skills and game strategies of football such as running pass routes, play calling, defensive positioning, pass coverage and blocking fundamentals. These skills and others are put to use in a "game time" environment while the players scrimmage each week. Class will meet on the north side of the Recreation Center Building near the playground when weather permits and class will be held in the gym on rain days. This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
830048A	Sa	Apr. 20-May 25	12-1pm	\$84/\$105

Location: Recreation Center Field
Min / Max: 8 / 20
Register By: Apr. 13

TOTAL SPORTS SPRING BREAK CAMP



Age: 4 - 12 years, girls & boys

This camp focuses on a variety of sports including flag football, basketball, baseball, kickball, soccer, capture the flag, and other group games. Each day, campers will focus on skill development and fundamentals for each respective sport, followed by game play. Bring a snack and water bottle. This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee (R/NR):
730055A	M-F	Mar. 25-29	10:30am-1:30pm	\$110/\$138

Location: Recreation Center Gym
Min / Max: 8 / 24
Register By: Mar. 18

HEALTHY KIDS RUNNING SERIES

Age: 2 - 14 years, girls & boys

HKRS promotes a fun environment that builds self esteem! HKRS is a nationwide non profit, with a community-based "Get up and Go" attitude. Distances are 50 meters to 1 mile, based on age. All participants receive a race shirt, and medals will be given to runners on week 5.

Date: Sunday, April 14, April 28, May 5, May 12, & May 19

Time: 4-5pm

Location: Central Park

Cost: \$35 for 5 weeks

Sign-up at: <http://bit.ly/HKRSGrayslakeSpring19>

GYMNASTICS FACTORY CLASSES

Gymnastics Factory Classes teach skills to various age levels. Participants from other Park Districts may be added with an actual class maximum of 10 kids. The staff to participant ratio is 1:10. Children must be the appropriate age by the first day of class. **Contracted through the Gymnastics Factory whose coaches are U.S.G.A. Safety Certified.** (BW)

Location: Gymnastics Factory, 888 E Belvidere Road #202

Register By: One week prior

MOMS & MINIS GYMNASTICS

Age: 1 - 3 years, girls & boys

You and your toddler play on the mats and work on your child's physical coordination.

Code:	Day:	Date:	Time:	Fee (R/NR):
840010A	W	Apr. 17-June 5	10-10:40am	\$104/\$120

PEE WEE GYMNASTICS

Age: 3 - 4 years, girls & boys

Children develop large motor skills using various pieces of equipment like balls, planks, beams, trampoline, and bars.

Code:	Day:	Date:	Time:	Fee (R/NR):
840011A	F	Apr. 19-June 7	9:30-10:20am	\$104/\$120
840011B	F	Apr. 19-June 7	10:30-11:20am	\$104/\$120

YOUTH GIRLS GYMNASTICS

Age: 5 - 12 years, girls

Students learn basic gymnastics skills such as tumbling, trampoline, bars, beam, and the pit.

Code:	Day:	Date:	Time:	Fee (R/NR):
840013A	F	Apr. 19-June 7	4-5pm	\$108/\$125

YOUTH BOYS GYMNASTICS

Age: 5 - 12 years, boys

Students learn basic gymnastics skills such as tumbling, trampoline, bars, beam and the pit.

Code:	Day:	Date:	Time:	Fee (R/NR):
840014A	Th	Apr. 18-June 6	4-5pm	\$108/\$125

CHEERLEADING/TUMBLING

Age: 8 - 12 years, , girls & boys

Cheerleaders will learn back handsprings, leaps and body positions for safe cheerleading techniques.

Code:	Day:	Date:	Time:	Fee (R/NR):
840015A	M	Apr. 15-June 3	5-6pm	\$94/\$109

(No class: May 27)



JUNIOR SAILING

Waukegan Harbor - WYC Youth Foundation

Start the adventure of a lifetime by learning to sail this summer! The WYC Youth Foundation Junior Sail program has been 'making sailors' for more than 50 years.

EARLY LEARN TO SAIL

Age: 5 - 8 years, girls & boys

Beginning learn-to-sail classes introduce sailing and some basic skills to younger children so they have a positive sailing experience and develop comfort in the boats. Staff members are certified in First Aid/CPR/AED, NASBLA Boating Safety and CDC Heads-up Concussion Training. Instructors are U.S. Sailing Level 1 certified. Participants must wear closed-toe shoes. Life vests, boats and safety equipment are provided. This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee:
930050A	Tu/Th	June 11 & 13	6-7:30pm	\$40
930050B	Tu/Th	July 9 & 11	6-7:30pm	\$40
930050C	Tu/Th	Aug. 6 & 8	6-7:30pm	\$40

Location: Waukegan Yacht Club
Instructor: WYC Youth Foundation Staff
Min / Max: 1 / 10
Register By: One week prior

ADVENTURE SAIL / LEARN TO SAIL

Age: 8 - 17 years, girls & boys

Adventure Sail teaches beginners to rig and sail small boats in the protected waters of Waukegan Harbor. Experienced sailors and our Race Team hone skills on Lake Michigan. Full days are available by registering for both AM and PM classes. This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee:
930034A	M-F	June 10-14	9am-12pm	\$195
930034B	M-F	June 10-14	1-4pm	\$195
930034C	M-F	July 8-12	9am-12pm	\$195
930034D	M-F	July 8-12	1-4pm	\$195
930034E	M-F	Aug. 5-9	9am-12pm	\$195
930034F	M-F	Aug. 5-9	1-4pm	\$195

Location: Waukegan Yacht Club
Instructor: WYC Youth Foundation Staff
Min / Max: 1 / 10
Register By: One week prior

RACING PRACTICE & PREP

Age: 8 - 17 years, girls & boys

Practice race skills and prepare to compete in area regattas against sailors from other programs in Opti and Club 420 fleets. Some previous sail experience required. This is a contractual program. (TP)

Code:	Day:	Date:	Time:	Fee:
930051A	M-F	June 10-14	1-4pm	\$195
930051B	M-F	July 8-12	1-4pm	\$195
930051C	M-F	Aug. 5-9	1-4pm	\$195

Location: Waukegan Yacht Club
Instructor: WYC Youth Foundation Staff
Min / Max: 1 / 10
Register By: One week prior

MINI NINJA WARRIORS

Age: 4 - 8 years, girls & boys

Mini Ninja Warriors leap, hop, skip, run your way through obstacles and put your Ninja skills to the test. This fun movement based class will challenge your Ninja to maneuver over and under objects. We will play large group games to further challenge your Ninja's skills. This is a contractual program. (TP)



Code:	Day:	Date:	Time:	Fee (R/NR):
830054A	Th	Apr. 25- May 30	3:30-4:15pm	\$63/\$79

Location: Recreation Center Gym
Min / Max: 8 / 24
Register By: Apr. 18

NEW! PARENT/CHILD PILATES CLASS

Age: 4 - 12 years with adult

The cutest class to get in shape while bonding and connecting with your child. Share healthy habits during a unique exercise routine designed for the whole family. Class will involve Pilates suitable for the expanding age ranges to build strength, muscle tone, coordination, flexibility and improve posture and self-awareness. Both parent and child must register for this class. Please bring a yoga mat and water bottle to class. (TP)

Age:	Code:	Day:	Date:	Time:	Fee (R/NR):
Parent	870033A	F	Apr. 26	5:45- 6:45pm	\$10/\$13
Child 4-12 yrs	870033B	F	Apr. 26	5:45- 6:45pm	\$5/\$7
Parent	870033C	F	May 17	5:45- 6:45pm	\$10/\$13
Child 4-12 yrs	870033D	F	May 17	5:45- 6:45pm	\$5/\$7

Location: Recreation Center Multi-Purpose Rooms
Min / Max: 8 / 20
Register By: Apr. 19 & May 10