



Attending a Grayslake Park District Program:

To help protect against the spread of COVID-19 and for the safety of our staff and participants, we are asking all parents/guardians to review and adhere to the procedures below prior to dropping off your child(ren) at a Grayslake Park District program.

Parents/guardians should review all of these steps collectively, as one or more may indicate that a child(ren) should not attend a program as well as provide guidance on when a child(ren) may return to participate again. Parent/Guardian will initial at the time of drop off that they have conducted a Daily Self Check for each child registered.

Daily Self Check

Prior to drop off, parents/guardians should confirm the following:

- Are there symptoms of respiratory infection (cough, shortness of breath)?
 - No – proceed to the program
 - Yes – don't proceed to the program
 - Yes – but symptoms have a known cause (asthma, COPD, chronic sinusitis, etc.). Okay to proceed to program.
- Is there a fever at or above 100.4 degrees Fahrenheit?
 - No – proceed to the program
 - Yes – don't proceed to the program
- Does the child feel sick?
 - No – proceed to the program
 - Yes – don't proceed to the program

The participant can return to the program when:

- They have had no fever for at least three (3) days without taking medication to reduce the fever during that time; and
- There is improvement in their respiratory symptoms (cough and shortness of breath) for three (3) days; and at least seven (7) days have passed since their symptoms began.
- A note from a physician indicating the participant can return to the program.

For participants that have been exposed to someone with confirmed COVID-19

Participants who have been exposed and not experiencing symptoms, they will be required to stay home for 14-days from the time they were exposed to confirmed COVID-19.

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If the participant was exposed and has symptoms, then the participant and siblings are required to stay home for at least 14-days from the time they were exposed.

The participant can return to the program after their quarantine when it has been seven (7) days from the time they have experienced symptoms and at least three (3) days after they have no fever (without taking medication to reduce fever) and have improvement in their respiratory symptoms (cough, shortness of breath).

If any time the doctor confirms the cause of their fever or other symptoms is not COVID-19 and approves them to return to the program, the participant(s) can return but must present a medical note.

Reminder

Please remember to continue to follow preventative measures; social distancing, stay home when sick, use cough and sneeze etiquette, and practice hand hygiene as often as possible.

Parent/Guardian will initial at the time of drop off that they have conducted a Daily Self Check for each child registered. The initial will confirm that your child(ren) are not experiencing symptoms nor have they been exposed to COVID-19.