



SAFETY PROCEDURES

The safety of our students, their families, and our staff are a top priority. We have taken this into consideration as we planned our class procedures. The following are the safety measures we will have in place as derived from numerous current resources:

- Class enrollment has been reduced/limited based upon studio size.
- We will conduct no-contact classes.
- Hand sanitizer required upon entering the building and upon exiting class.
- All persons entering the building are to wear a mask.
- Spaces at the barre and center floor will be assigned to maintain social distancing.
- Masks will be required for the duration of class. Dancers will be given "mask breaks" and water breaks as necessary. Masks must cover the mouth and nose.
- Dancers must come dressed for class as there will not be a changing area available.
- Bring your own water bottle – the water fountain will be closed.
- High touch surfaces will be cleaned after each class.
- Bathrooms should only be used for emergency purposes, please have your dancer go before heading out for class.
- Drop off procedures have been modified; the lobby and hallway are closed for waiting.

STAY AND PLAY DANCE!

Age: 3 - 6 years

If your child loves to dance, they will love this class! Students are introduced to multiple styles of dance throughout the session and there's plenty of time for free dance and movement games. Stay and Play Dance is more than just a fun time to dance - the class will help your child develop motor skills, practice teamwork and follow directions, while also fine-tuning their social skills! Please pack a lunch and drink. This class is great for preschoolers to extend their day with friends - teachers will walk your student to class. (KR)

Code:	Day:	Date:	Time:	Fee (R/NR):
702044A	W	Jan. 6-Mar. 17	11:45am-1pm	\$125/\$156
Location:	Recreation Center Dance Studio			
Instructor:	Ms. Meghan			
Min / Max:	6 / 8			
Register By:	Dec. 30			

QUESTIONS?

If you have any questions about dance classes, safety procedures, or anything related to the Expressions Dance Studio, please contact Dance Director Meghan Reimers at mreimers@glpd.com.

DANCE

WINTER/SPRING DANCE CLASS SCHEDULE

The Winter/Spring Session will end with a recital. Information regarding the date and location of the recital are forthcoming. The registration deadline for Winter/Spring classes is firm, in order to allow adequate time to order and receive costumes.

Dates: Jan. 11 - May 22 (18 weeks; No class: Mar. 22-28)

Location: Recreation Center Dance Studio

Min / Max: 6

Register By: One week prior

Day:	Time:	Age:	Class:	Code:	Fee (R/NR):
M	2:45-3:30pm	3-4 years	Creative Dance	760000A	\$223/\$279
M	3:45-4:30pm	5-6 years	Pre-Hip Hop	760009A	\$223/\$279
M	4:45-5:45pm	7-9 years	Hip Hop 1	760012A	\$237/\$296
M	7:15-8:15pm	By approval	Lyrical 3	760027A	\$237/\$296
Tu	3:30-4:30pm	7-9 years	Jazz 1	760010A	\$237/\$296
Tu	4:45-5:45pm	9-11 years	Jazz 3	760010B	\$237/\$296
Tu	6-7pm	11-13 years	Ballet 3/4	760021A	\$237/\$296
Tu	7:15-8:45pm	By approval	Int/Adv Ballet	760006A	\$266/\$317
W	3:30-4:30pm	6-8 years	Ballet 1	760021B	\$237/\$296
W	4:45-5:45pm	7-9 years	Ballet 1B	760021C	\$237/\$296
W	6-7pm	9-11 years	Ballet 2	760021D	\$237/\$296
W	7:15-8:15pm	8-10 years	Jazz 2	760010C	\$237/\$296
W	8:30-9:30pm	By approval	Jazz 4	760010D	\$237/\$296
Th	10-11am	4-5 years	Pre-Ballet & Tap 2	760002A	\$237/\$296
Th	11:15am-12pm	4-6 years	Pre-Ballet	760018A	\$223/\$279
Th	12:15-1pm	3-4 years	Creative Dance	760000B	\$223/\$279
Th	1:15-2:15pm	3-4 years	Pre-Ballet and Tap 1	760001A	\$237/\$296
Th	3:30-4:30pm	10-12 years	Hip Hop 2	760012B	\$237/\$296
Th	4:45-5:45pm	11-13 years	Hip Hop 3	760012C	\$237/\$296
Th	6-7pm	10-12 years	Modern 2	760028A	\$237/\$296
Th	7:15-8:15pm	By approval	Hip Hop 4	760012D	\$237/\$296
Th	8:30-9:30pm	By approval	Modern 3	760028B	\$237/\$296
F	10-10:45am	3-4 years	Creative Dance	760000C	\$223/\$279
F	11am-12pm	4-6 years	Pre-Ballet and Tap	760005A	\$237/\$296
F	12:15-1pm	5-6 years	Pre-Ballet	760018B	\$223/\$279
F	3:45-4:45pm	7-9 years	Modern 1	760028C	\$237/\$296
F	5-6pm	11-13 years	Lyrical 2	760027B	\$237/\$296
Sa	9:15-10am	3-4 years	Creative Dance	760000D	\$223/\$279
Sa	10:15-11:15am	4-5 years	Pre-Ballet & Tap 1	760001B	\$237/\$296
Sa	11:30am-12:30pm	5-6 years	Pre-Ballet & Tap 2	760002B	\$237/\$296
Sa	12:45-1:45pm	9-12 years	Lyrical 1	760027C	\$237/\$296
Sa	2-3pm	7-9 years	Hip Hop 1	760012E	\$237/\$296

* Please see Dance Class Descriptions on the following page.

Eligibility: Students must be proper age by Jan. 18 and must be toilet trained

Fees: Fee includes class instruction, studio t-shirt, recital costume and a recital digital download. Tuition may be paid in full or in installments (must enroll in automatic payment program). Tuition must be paid in full by April 19, 2021.

NOTE ABOUT WINTER/SPRING SESSION

Students that were registered for the Fall Session will receive priority registration to retain their spot in the same class for the Winter/Spring Session. This may result in some classes being unavailable if they have reached maximum capacity. If your dancer is interested in a class that is full when registration opens, we encourage you to add your child to the waitlist, as capacity restrictions may change over the next few months.

DANCE

PRESCHOOL CLASS DESCRIPTIONS

Preschool classes are a great way to introduce your little one to express him or herself through movement. All preschool classes are drop off classes.

Creative Dance

Creative Dance blends movement, music, improvisation, and basic dance steps while providing an excellent introduction for the future study of all dance techniques. Students learn dance fundamentals while improving motor skills, self-expression, confidence, imagination and social development. Dancer must be fully potty trained, no pull-ups.

Pre-Ballet and Tap 1, 2 and 3

This program takes the basics of ballet technique and through the use of props and imagination, gives the children a fun and educational class. Large motor skills are highlighted as well as stimulating the brain's coordination. The tap portion of class explores rhythms and smaller motor skills.

Pre-Hip Hop

This introduction to hip hop dance for the younger ones is focused on rhythm, musicality, and basic footwork in a casual, friendly environment. Using combinations and steps with music, hip-hop is a great way to get kids moving and having fun! Be prepared for a lot of movement.

Pre-Jazz

Jazz is a more funky form of dance. The body is used in many different ways and is not as restricted as in ballet. This is an introductory class with jazz basics to fun and kid-friendly music. Dancers will learn the beginning steps of jazz and work on picking up choreography sequences that fuse style and technique.

STUDENT DIVISION CLASS DESCRIPTIONS

This division is a graded-training program. Age is used as a guideline for class placement; however a student's individual ability becomes more important. It is typical for a student to remain at the same level for 2 years. For the students' safety, as well as their confidence, promotion to the next level does not occur until the student has mastered the current level syllabus.

Ballet

As students grow, they naturally begin to dance as a form of expression and imagination. We capture this enthusiasm and incorporate it into our ballet program - emphasizing proper ballet technique with a focus on developing strength, alignment, musicality, and the grace that is inherent in the form. As students mature and their bodies develop strength, we transition to a more serious study of ballet technique that will prepare them to be both confident and technically proficient artists.

Hip Hop

Hip-Hop evolved out of street and break dancing and is characterized by its athletic and bouncy style. Hip-Hop is set to a strong, contemporary beat, builds stamina, and emphasizes body isolations, attitude, coordination, free-style movement, and rhythm. This form of dance is seen in music videos.

Jazz

Jazz dance is an upbeat and performative style that is often seen in Broadway productions. While exploring many different stylistic preferences, students focus on principles such as syncopated rhythms, body isolations, precise technical skills, and choreography. Students will be exposed to various styles of jazz such as Broadway, Street and Contemporary to help develop a well-rounded dancer.

Lyrical

Lyrical is a fusion of ballet and jazz dance techniques. Lyrical dance challenges dancers to use motion to interpret music and express emotion. Lyrical jazz is a very passionate and emotional dance style. It portrays certain emotions and tells a story through every movement made.

Modern

Modern Dance develops strong creative dancers through the study of technique and improvisation with a focus on musicality, dynamics, floor-work and artistic expression. The class provides students the opportunity to create their own explorative movement within a structured class. Classes with composition focus on problem-solving skills and the tools needed to create unique dances for a group or individual.

