



Attending a Grayslake Park District Program:

Updated: January 11, 2022

To help protect against the spread of COVID-19 and other viruses and for the safety of our staff and participants, we are asking all parents/guardians to review and adhere to the procedures below prior to dropping off your child(ren) at a Grayslake Park District program.

Parents/guardians should review all of these steps collectively, as one or more may indicate that a child(ren) should not attend a program as well as provide guidance on when a child(ren) may return to participate again. Parent/Guardian may be asked to initial at the time of drop off that they have conducted a Daily Self Check for each child registered.

### **Daily Self Check**

Prior to drop off, parents/guardians should confirm the following:

- Is my child experiencing flu like symptoms (fever, body aches, severe congestion, shortness of breath, extreme fatigue, nausea, vomiting or diarrhea)?
  - No – proceed to the program
  - Yes – Stay Home
  
- Is there a fever or has there been a fever within the past 24 hours at or above 100.4 degrees Fahrenheit?
  - No – proceed to the program
  - Yes – don't proceed to the program
  
- Has my child said they don't feel good within the past 24 hours?
  - No – proceed to the program
  - Yes – Stay Home

The participant can return to the program when:

- They have had no fever, vomiting or diarrhea for at least 24 hours
- Other symptoms have improved
- If your child has been sick for more than 3-days, it is highly recommended that the child be given a COVID test.

**Please note:** The Park District reserves the right to call a parent / guardian to pick-up their child if they notice the child experiencing flu-like symptoms during the program.

**Please read over and follow the COVID-19 Program Procedures listed on the next page.**

## Grayslake Community Park District COVID-19 Program Procedures:

### If COVID Positive, regardless of vaccination status:

- Isolate for 5 days after onset of symptoms.
- Isolate for 5 days after date of positive COVID test if no symptoms.
- To calculate the 5- day isolation period, day 0 is the first day of symptoms or specimen collection date if asymptomatic.
- If you continue to have fever or other symptoms have not improved after 5 days of isolation, you should wait to end isolation until fever-free for 24 hours and other symptoms have improved.

### How does the new quarantine guidance impact participants who are considered close contacts to someone who tested positive with COVID-19?

#### If Close Contact:

| If:   | Then:   |
|---|---|
| *Age 18 or older and have received all recommended vaccine doses, including boosters<br>OR<br>*Age 5-17 years and completed the primary series of COVID-19 vaccines<br>OR<br>*Confirmed COVID-19 within the last 90 days (you tested positive using a viral test).  | Quarantine not required.<br><br>Wear a mask around others for 10 days.<br><br>Test on day 5, if possible.<br><br>If symptoms develop, immediately isolate until a negative test confirms symptoms are not caused by COVID-19.   |
| *Age 18 or older and completed the primary series of recommended vaccine, but <u>have not</u> received a booster shot<br>OR<br>*Unvaccinated or have not completed a primary vaccine series.<br>OR<br>*Received the single-dose Johnson & Johnson vaccine (completing the primary series) over 2 months ago and have not received a booster shot. | Quarantine and mask around others for 5 days.<br><br>After 5 days, may return to Park District program. Continue to wear a mask around others for 5 additional days.<br><br>Test on day 5, if possible.<br><br>If symptoms develop, immediately isolate until a negative test confirms symptoms are not caused by COVID-19. |

***This document was created by guidelines provided by IDPH and CDC.***