

Attending a Grayslake Park District Program:

To help protect against the spread of COVID-19 and other viruses and for the safety of our staff and participants, we are asking all parents/guardians to review and adhere to the procedures below prior to dropping off your child(ren) at a Grayslake Park District program.

If COVID positive:

- Isolate for 5 days after the onset of symptoms
- Masks should be worn around others through day 10

Exposed to COVID-19:

- Start precautions immediately, day 0 is the day of your last exposure to someone with COVID-19
- Masks should be worn for 10 full days
- Watch for symptoms (fever 100.4 or greater, cough, shortness of breath or other COVID-19 symptoms)
- Recommended to test on day 6

Prior to drop off, parents/guardians should confirm the following:

- Is my child experiencing flu like symptoms (fever, body aches, severe congestion, shortness of breath, extreme fatigue, nausea, vomiting or diarrhea)?
 - No proceed to the program
 - Yes Stay Home
- Is there a fever or has there been a fever within the past 24 hours at or above 100.4 degrees Fahrenheit?
 - o No proceed to the program
 - o Yes don't proceed to the program
- Has my child said they don't feel good within the past 24 hours?
 - o No proceed to the program
 - o Yes Stay Home

The participant can return to the program when:

- They have had no fever, vomiting or diarrhea for at least 24 hours without the use of medication.
- Other symptoms have improved without the use of medication.

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Please review the IDPH or CDC guidelines and their recommended actions.

Please note: The Park District reserves the right to call a parent / guardian to pick-up their child if they notice the child experiencing flu-like symptoms during the program.

Thank you for your efforts so that we may provide the best possible recreational experience for your child(ren). *Find Your Fun*