

GRAYSLAKE PARK DISTRICT
Division 1 IN-HOUSE SOFTBALL
RULES

1. The bases shall be 60 feet apart and pitching rubber at 35'. An 11" Incredi-Ball softball will be used.
2. Uniform shirts, shorts and/or pants must be worn for all games (with shirts tucked in). In cool weather, additional, appropriate clothing may be worn under the uniform.
3. Players shall wear helmets when batting, in the warm-up/on deck circle, and when running bases. Throwing bats or other equipment will not be allowed.
4. Coaches will pitch to their own batters for the entire season. Coach "pitchers" shall not be allowed to field the ball and every effort should be made to avoid contact with the ball to allow the fielder to make the play. If the coaches contact the ball, it shall be considered a dead ball. The batter shall be allowed seven pitches to hit the ball.
5. There shall be a maximum of 10 players on the field including short-center at any one time (unless there is only 1 or 2 subs on the bench, then let them play in the outfield – be sure to explain the proper positions). All players should receive equal playing time. Substitutions should be made between innings. **No player may sit out more than one inning in a row.** No player shall be allowed to play in one position for more than 3 innings in any game. No catcher position.
6. Two defensive coaches shall be allowed on the field. One offensive coach will be allowed at 2nd base in addition to the 1st & 3rd base coaches.
7. Any inning shall be considered completed when the entire roster has batted once. Outs will be recognized with the base runner retired. All players shall be in the batting line-up, whether or not they are playing a position in the field. The batting order CANNOT change throughout the entire game.
8. In the event of any overthrow or dropped ball as a result of a legitimate attempt to make a play, the runner(s) or batter shall not be allowed to advance any further than the base which the runner was approaching at the time of the throw. The batter will have the opportunity to "run out" a legitimate hit into the outfield.
9. When a ball is thrown in from the outfield, it shall be considered a dead ball when it hits the infield, even if the defensive team does not actually have control of the ball. The base runners may not advance an additional base.
10. Base stealing and leading off are not permitted.
11. All games shall be six innings or 1 hour 25 minutes in length unless called due to darkness or weather conditions. **No inning should be started after one hour 10 minutes from the game start time.** Extra innings shall not be allowed. The decision to call or postpone a game shall be the responsibility of the League Supervisor or with consent of both coaches if the League Supervisor is not available at the time.
12. The season shall be considered INSTRUCTIONAL. There will be no recorded scores or standings. Every team "wins" by having fun!